

# Woman Who Glows In The Dark A Curandera Reveals Traditional Aztec Secrets Of Physical And Spiritual Health

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**The Radium Girls** - Kate Moore 2017-04-18  
A New York Times, USA Today, Wall Street

Journal, and Amazon Charts Bestseller! For fans of Hidden Figures, comes the incredible true

story of the women heroes who were exposed to radium in factories across the U.S. in the early 20th century, and their brave and groundbreaking battle to strengthen workers' rights, even as the fatal poison claimed their own lives... In the dark years of the First World War, radium makes gleaming headlines across the nation as the fresh face of beauty, and wonder drug of the medical community. From body lotion to tonic water, the popular new element shines bright. Meanwhile, hundreds of girls toil amidst the glowing dust of the radium-dial factories. The glittering chemical covers their bodies from head to toe; they light up the night like industrious fireflies. With such a coveted job, these "shining girls" are the luckiest alive — until they begin to fall mysteriously ill. And, until they begin to come forward. As the women start to speak out on the corruption, the factories that once offered golden opportunities ignore all claims of the gruesome side effects. And as the fatal poison of the radium takes hold,

the brave shining girls find themselves embroiled in one of the biggest scandals of America's early 20th century, and in a groundbreaking battle for workers' rights that will echo for centuries to come. A timely story of corporate greed and the brave figures that stood up to fight for their lives, these women and their voices will shine for years to come. Written with a sparkling voice and breakneck pace, *The Radium Girls* fully illuminates the inspiring young women exposed to the "wonder" substance of radium, and their awe-inspiring strength in the face of almost impossible circumstances. Their courage and tenacity led to life-changing regulations, research into nuclear bombing, and ultimately saved hundreds of thousands of lives...

**Wind in the Blood** - Hernan Garcia 1999-10-22  
Wind in the Blood is a detailed look at Mayan medicine on Mexico's Yucatan peninsula and its similarities to Chinese traditional medicine. It was originally published in Spanish as a manual

for health workers in Mayan areas to bridge the gulf between Western medical technique and Mayan medical knowledge. Mexican physicians Hernan Garcia, Antonio Sierra, and Hiberto Balam discovered that the similarities between Mayan medicine and traditional Chinese medicine were profound and helpful in their medical work.

**A Book of Golden Deeds** - Charlotte Mary Yonge 1866

*The Giver of Stars* - Jojo Moyes 2022-02-22  
#1 NEW YORK TIMES BESTSELLER | A REESE'S BOOK CLUB PICK "A great narrative about personal strength and really captures how books bring communities together." —Reese Witherspoon From the author of the forthcoming *Someone Else's Shoes*, a breathtaking story of five extraordinary women and their remarkable journey through the mountains of Kentucky and beyond in Depression-era America Alice Wright marries handsome American Bennett Van Cleve,

hoping to escape her stifling life in England. But small-town Kentucky quickly proves equally claustrophobic, especially living alongside her overbearing father-in-law. So when a call goes out for a team of women to deliver books as part of Eleanor Roosevelt's new traveling library, Alice signs on enthusiastically. The leader, and soon Alice's greatest ally, is Margery, a smart-talking, self-sufficient woman who's never asked a man's permission for anything. They will be joined by three other singular women who become known as the Packhorse Librarians of Kentucky. What happens to them--and to the men they love--becomes an unforgettable drama of loyalty, justice, humanity, and passion. These heroic women refuse to be cowed by men or by convention. And though they face all kinds of dangers in a landscape that is at times breathtakingly beautiful, at others brutal, they're committed to their job: bringing books to people who have never had any, arming them with facts that will change their lives. Based on a

true story rooted in America's past, *The Giver of Stars* is unparalleled in its scope and epic in its storytelling. Funny, heartbreaking, enthralling, it is destined to become a modern classic--a richly rewarding novel of women's friendship, of true love, and of what happens when we reach beyond our grasp for the great beyond.

[Cleansing Rites of Curanderismo](#) - Erika Buenaflor 2018-07-10

A tutorial on the ancient practice of limpias to heal the mind, body, and soul • Offers step-by-step instructions for the practice of limpias, shamanic cleansing rituals to heal, purify, and revitalize people as well as physical spaces • Examines different types of limpia ceremonies, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination • Explores the sacred stories behind limpia rituals and traces these curanderismo practices to their indigenous roots Exploring the essential tools and practices of Mesoamerican shamans and curanderos,

specifically the ancient Yukatek Maya and Mexica (Aztec), Erika Buenaflor, M.A., J.D., provides a step-by-step guide for conducting the most common practice within curanderismo: limpias. These practical and incredibly effective shamanic cleanses heal, purify, and revitalize people and spaces with herbs, flowers, eggs, feathers, fire, and water. They are also powerful tools for self-empowerment, spiritual growth, soul retrieval, rebirth, and gracefully opening up pathways for new beginnings. Drawing on her 20 years' experience as a curandera and her graduate studies focused on Mesoamerican shamanism, the author traces modern curanderismo practices to their indigenous roots. She explores the sacred stories behind limpia rituals and examines different types of limpia ceremonies in depth, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination. She outlines how limpias work holistically to enable one to let go and cleanse the body, mind,

and spirit of limiting beliefs, traumas, and broken stories; heal acute and chronic illnesses such as depression, insomnia, and anxiety; and revitalize and activate sacred spaces by renewing their essence and clearing negative energies. She explains the healing properties of the plants used in limpia rites and how to perform the medicinal chants used by the curanderos. In addition, the author details how the practice of platicas, heart-straightening talks, supports limpia rites by encouraging one to vocalize their needs as they eject traumas and unwanted energies from the body, setting the stage for self-awareness and healing. Sharing the story of her own complete healing from a catastrophic injury with limpias as well as inspirational testimonies from others who have experienced limpias, the author provides a personal and thoroughly practical guide to the ancient shamanic method of limpias to promote healing and personal transformation in our times.

[Girl in Pieces](#) - Kathleen Glasgow 2018-04-10  
Fans of *Girl, Interrupted*, *Thirteen Reasons Why*, and *All the Bright Places* will love this New York Times bestseller. "A haunting, beautiful, and necessary book that will stay with you long after you've read the last page."—Nicola Yoon, #1 New York Times bestselling author of *Everything, Everything* and *The Sun Is Also a Star*  
Charlotte Davis is in pieces. At seventeen she's already lost more than most people do in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone forever. Or your mother, who has nothing left to give you. Every new scar hardens Charlie's heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge. A deeply moving portrait of a girl in a world that owes her nothing, and has taken so much, and

the journey she undergoes to put herself back together. Kathleen Glasgow's debut is heartbreakingly real and unflinchingly honest. It's a story you won't be able to look away from. And don't miss Kathleen Glasgow's novels *You'd Be Home Now* and *How to Make Friends with the Dark*, both raw and powerful stories of life.

**Beach Read** - Emily Henry 2021-05-25

THE INSTANT NEW YORK TIMES BESTSELLER  
FROM THE #1 NEW YORK TIMES

BESTSELLING AUTHOR OF *PEOPLE WE MEET ON VACATION!* "Original, sparkling bright, and layered with feeling."--Sally Thorne, author of

*The Hating Game* A romance writer who no longer believes in love and a literary writer stuck in a rut engage in a summer-long challenge that may just upend everything they believe about happily ever afters. Augustus Everett is an acclaimed author of literary fiction.

January Andrews writes bestselling romance.

When she pens a happily ever after, he kills off his entire cast. They're polar opposites. In fact,

the only thing they have in common is that for the next three months, they're living in neighboring beach houses, broke, and bogged down with writer's block. Until, one hazy evening, one thing leads to another and they strike a deal designed to force them out of their creative ruts: Augustus will spend the summer writing something happy, and January will pen the next Great American Novel. She'll take him on field trips worthy of any rom-com montage, and he'll take her to interview surviving members of a backwoods death cult (obviously). Everyone will finish a book and no one will fall in love. Really.

**After Dark** - Haruki Murakami 2010-07-07

A short, sleek novel of encounters set in the witching hours of Tokyo between midnight and dawn, and every bit as gripping as Haruki Murakami's masterworks *The Wind-Up Bird Chronicle* and *Kafka on the Shore*. At its center are two sisters: Yuri, a fashion model sleeping her way into oblivion; and Mari, a young student

soon led from solitary reading at an anonymous Denny's into lives radically alien to her own: those of a jazz trombonist who claims they've met before; a burly female "love hotel" manager and her maidstaff; and a Chinese prostitute savagely brutalized by a businessman. These "night people" are haunted by secrets and needs that draw them together more powerfully than the differing circumstances that might keep them apart, and it soon becomes clear that Yuri's slumber—mysteriously tied to the businessman plagued by the mark of his crime—will either restore or annihilate her. After *Dark* moves from mesmerizing drama to metaphysical speculation, interweaving time and space as well as memory and perspective into a seamless exploration of human agency—the interplay between self-expression and understanding, between the power of observation and the scope of compassion and love. Murakami's trademark humor, psychological insight, and grasp of spirit and morality are here distilled with an

extraordinary, harmonious mastery. "Eyes mark the shape of the city. Through the eyes of a high-flying night bird, we take in the scene from midair. In our broad sweep, the city looks like a single gigantic creature—or more, like a single collective entity created by many intertwining organisms. Countless arteries stretch to the ends of its elusive body, circulating a continuous supply of fresh blood cells, sending out new data and collecting the old, sending out new consumables and collecting the old, sending out new contradictions and collecting the old. To the rhythm of its pulsing, all parts of the body flicker and flare up and squirm. Midnight is approaching, and while the peak of activity has indeed passed, the basal metabolism that maintains life continues undiminished, producing the basso continuo of the city's moan, a monotonous sound that neither rises nor falls but is pregnant with foreboding." —from *After Dark*  
*The Girl Who Chased the Moon* - Sarah Addison

Allen 2010-03-16

NEW YORK TIMES BESTSELLER • “A dusting of magic, the aroma of sugary cakes swirling through the breeze, and a girl who unwittingly brings change to a town of misfits make for a sweet summer story filled with hope and forgiveness.”—Beth Hoffman, author of *Saving CeeCee Honeycutt* Emily Benedict has come to Mullaby, North Carolina, hoping to solve at least some of the riddles surrounding her mother’s life. But the moment Emily enters the house where her mother grew up and meets the grandfather she never knew, she realizes that mysteries aren’t solved in Mullaby, they’re a way of life: Here are rooms where the wallpaper changes to suit your mood. Unexplained lights skip across the yard at midnight. And a neighbor, Julia Winterson, bakes hope in the form of cakes, not only wishing to satisfy the town’s sweet tooth but also dreaming of rekindling the love she fears might be lost forever. Can a hummingbird cake really bring

back a lost love? Is there really a ghost dancing in Emily’s backyard? The answers are never what you expect. But in this town of lovable misfits, the unexpected fits right in. BONUS: This edition contains a *The Girl Who Chased the Moon* discussion guide and an excerpt from Sarah Addison Allen's *The Peach Keeper*.  
*Medicine Women, Curanderas, and Women Doctors* - Bobette Perrone 2012-11-15

The stories of ten women healers form the core of this provocative journey into cultural healing methods utilized by women. In a truly grass-roots project, the authors take the reader along to listen to the voices of Native American medicine women, Southwest Hispanic curanderas, and women physicians as they describe their healing paths. This book will fascinate anyone interested in the relationship between illness and healing—medical practitioners and historians, patients, anthropologists, feminists, psychologists, psychiatrists, theologians, sociologists,



folklorists, and others who seek understanding about our relationship to the forces of both illness and healing.

*Oryx and Crake* - Margaret Atwood 2010-07-27

A stunning and provocative new novel by the internationally celebrated author of *The Blind Assassin*, winner of the Booker Prize. Margaret Atwood's new novel is so utterly compelling, so prescient, so relevant, so terrifyingly-all-too-likely-to-be-true, that readers may find their view of the world forever changed after reading it. This is Margaret Atwood at the absolute peak of her powers. For readers of *Oryx and Crake*, nothing will ever look the same again. The narrator of Atwood's riveting novel calls himself Snowman. When the story opens, he is sleeping in a tree, wearing an old bedsheet, mourning the loss of his beloved Oryx and his best friend Crake, and slowly starving to death. He searches for supplies in a wasteland where insects proliferate and pigoons and wolvoogs ravage the pleeblands, where ordinary people once lived,

and the Compounds that sheltered the extraordinary. As he tries to piece together what has taken place, the narrative shifts to decades earlier. How did everything fall apart so quickly? Why is he left with nothing but his haunting memories? Alone except for the green-eyed Children of Crake, who think of him as a kind of monster, he explores the answers to these questions in the double journey he takes - into his own past, and back to Crake's high-tech bubble-dome, where the Paradise Project unfolded and the world came to grief. With breathtaking command of her shocking material, and with her customary sharp wit and dark humour, Atwood projects us into an outlandish yet wholly believable realm populated by characters who will continue to inhabit our dreams long after the last chapter.

*Booby Hunter* - Ja Huss 2019-05-27

Welcome to Harem Station where every perversion is for sale and pleasure is the only objective. Bounty hunter, Serpint, has just

returned to Harem Station with a prize addition to his brother's elite collection of Cygnian princesses. But Serpint sacrificed a lot to bring this little gift home and now all he wants is some no-strings sex with a simple, obedient girl and a bottle of whiskey. Enter Princess Lyra. She's any filthy-minded rebel's one-night-stand erotic dream. If you don't mind her bad attitude and lack of... luster. Not quite the obedient girl Serpint was craving. But Cygnian princesses are hard to pass up. Even one with dark secrets. Because they have a very special, very specific, sexual talent. They glow when they climax. Lyra thinks she's one of the strong ones. If anyone can resist an overzealous alpha like Serpint, it's her. But his touch makes her light up like the sun. And she has never been with an Akeelian before... They have two--yes two--super big, super thick, super long... \*\*\*\*\* How long can she resist that? Booty Hunter is the first book in Harem Station standalone series bursting with outlaw alien alphas with extra appendages,

runaway princesses with erotic surprises, and a whole new world of secrets, mystery, and sex. Each book is about 80,000 words and \*comes\* with a glowing HEA.

### **Hard-Boiled Wonderland and the End of the World** - Haruki Murakami 2011-08-17

In this hyperkinetic and relentlessly inventive novel, Japan's most popular (and controversial) fiction writer hurtles into the consciousness of the West. Hard-Boiled Wonderland and the End of the World draws readers into a narrative particle accelerator in which a split-brained data processor, a deranged scientist, his shockingly undemure granddaughter, Lauren Bacall, Bob Dylan, and various thugs, librarians, and subterranean monsters collide to dazzling effect. What emerges is simultaneously cooler than zero and unaffectedly affecting, a hilariously funny and deeply serious meditation on the nature and uses of the mind. From the Trade Paperback edition.

### **Woman who Glows in the Dark** - Elena Avila

2000

Based on the practices of a cureander, who reveals aztec secrets of physical and spiritual health, this text is a guide guide to healing mind, body and spirit.

**Haunted** - Chuck Palahniuk 2005-05-03

Haunted is a novel made up of twenty-three horrifying, hilarious, and stomach-churning stories. They're told by people who have answered an ad for a writer's retreat and unwittingly joined a "Survivor"-like scenario where the host withholds heat, power, and food. As the storytellers grow more desperate, their tales become more extreme, and they ruthlessly plot to make themselves the hero of the reality show that will surely be made from their plight. This is one of the most disturbing and outrageous books you'll ever read, one that could only come from the mind of Chuck Palahniuk.

María Sabina - María Sabina 2003-10

"María Sabina's Selected Works introduces and

enhances the understanding of one of the world's most remarkable poets. Mr. Rothenberg frames her work within the larger context of 'ethnopoetics' with no academic reductionism whatsoever, a rare and indispensable service to a 'world poet' such as Maria Sabina. The translation of Maria Sabina, her 'autobiography' and her oral poetry, is exquisite, powerful, rendered with linguistic dignity."—Howard Norman "This book transmits not only a full and rich experience with one of the most extraordinary personalities and poetic voices of our time, but also a great lesson in our understanding of the relations between religious inspiration and its artistic expression. It enriches our perceptions of the nature and possibilities of oral composition, complementing what we already know of it from the study of the Homeric and other poems in its great tradition."—George Economou "María Sabina is one of the great figures of American shamanism. Her Chants is a masterpiece of indigenous visionary poetry. Her

Life is the account of a woman who transcended her own culture and its material poverty to become one of the great women of the twentieth century. The veneration of her work continues beyond her death. To read her is to embark on a journey to the world of the extrasensorial."—Homero Aridjis "In the chants of María Sabina, we can appreciate the interplay of individual invention and traditional liturgy within the oral creativity of a non-literate society. The recordings of her words that have saved them from oblivion give us the opportunity to glimpse the emergence of a genius from the soil of the communal, religious folk poetry of a native Mexican campesino people."—Henry Munn

**Captivating** - John Eldredge 2011-04-17

What Wild at Heart did for men, Captivating is doing for women. Setting their hearts free. This groundbreaking book shows readers the glorious design of women before the fall, describes how the feminine heart can be restored, and casts a

vision for the power, freedom, and beauty of a woman released to be all she was meant to be. *God's Feminist Movement* - Amber Picota 2016-07-19

Experience True Liberation by Seeing Your Beauty, Femininity, and Freedom From Heavens Point of View Has Christianity kept women trapped in the stone age? In many ways, yes; but this is not by Gods design. As society offers women opportunities to explore outer-space and govern nations, the church often stifles and limits them. The tide is changing, though. Amber Picotas Gods Feminist Movement is a new covenant manifesto calling women to embrace their true identity in Christ and fulfill their destiny as revolutionaries who shape the course of history with the Kingdom of God. There is a powerful new feminist movement emerging in the body of Christ. Its not politically driven and its not being championed by an uprising of angry man-haters. Based on an intense study of Scripture, factoring in historical and contextual

hermeneutics and original languages, Picota shares a practical, non-legalistic, and non-traditional (yet deeply Biblical) look at topics that women commonly face, such as: Dating and Modesty Female Leaders in the Church Submission in Marriage Beauty and Self-Image Celebrate the power and beauty of womanhood. God has given you permission to change the world by being you! Break off religious traditions that keep women trapped in old school legalism and move beyond Christian clichés that minimize a woman's true position in Christ!

**Goodnight Moon** - Margaret Wise Brown  
2016-11-08

In this classic of children's literature, beloved by generations of readers and listeners, the quiet poetry of the words and the gentle, lulling illustrations combine to make a perfect book for the end of the day. In a great green room, tucked away in bed, is a little bunny. "Goodnight room, goodnight moon." And to all the familiar things in the softly lit room—to the picture of the

three little bears sitting on chairs, to the clocks and his socks, to the mittens and the kittens, to everything one by one—the little bunny says goodnight. One of the most beloved books of all time, Goodnight Moon is a must for every bookshelf and a time-honored gift for baby showers and other special events.

**Yes, I Glow in the Dark!** - Libbe Halevy  
2018-06

CLOSE ALL YOUR DOORS AND WINDOWS AND DO NOT GO OUTSIDE UNLESS YOU ABSOLUTELY HAVE TO. The police loudspeaker warned that what was not supposed to happen had happened: a malfunctioning nuclear reactor just down the road. That's where author Libbe HaLevy found herself in 1979, when she visited a friend in a small, quiet Pennsylvania town and ended up one mile away from the Three Mile Island nuclear reactor during its radiation-spewing meltdown. YES, I GLOW IN THE DARK! tells the story of not only that meltdown, but its impact on a life beyond the mere physical

damage caused by radiation exposure. From 1950's Duck-and-Cover exercises in case of a nuclear bomb and Disney's Our Friend, the Atom through decades of post-TMI nuclear PTSD to her current level of international media activism, HaLevy's YES, I GLOW IN THE DARK! tells how one nuclear victim learned to fight back with the facts, sarcasm, and a podcast. She draws parallels between the behaviors of nuclear industry officials and perpetrators of sexual abuse, and explains how the people at TMI and around other nuclear sites have been victims of perpetration behavior by vested nuclear interests. She also nails the nuclear industry on how they have continued to get away with slow motion murder, from manipulating language to their ongoing, well-funded media propaganda campaigns, to flat-out lying. Fierce, uncompromising, yet surprisingly funny, HaLevy has written a book that Australian physician, author, and anti-nuclear advocate Dr. Helen Caldicott calls, "Absolutely fascinating. This

book must be read by all people who care about the future of the planet and their children."

**Lights Out, Night's Out** - William Boniface  
2009-09-15

When nighttime arrives, the nocturnal animals of the woods come out and experience the night, including wolves, bats, owls, and hedgehogs.

**The Most Precious Gift Man Can Give to a Woman Apart from His Heart** - Stanz Harkens  
2014-01-15

A totally blank book that speaks volumes in the universal language of love.it promises an amazing answer to the timeless desire of every man that has been searching for the best gift they can give to a woman.

**The Way of the Superior Man** - David Deida  
2008-11-24

What is your true purpose in life? What do women really want? What makes a good lover? If you're a man reading this, you've undoubtedly asked yourself these questionsbut you may not have had much luck answering them. Until now.

In *The Way of the Superior Man* David Deida explores the most important issues in men's lives from career and family to women and intimacy to love and spirituality to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately and without compromise.

**Voices from the Ancestors** - Lara Medina  
2019-10-08

*Voices from the Ancestors* brings together the reflective writings and spiritual practices of Xicanx, Latinx, and Afro-Latinx womxn and male allies in the United States who seek to heal from the historical traumas of colonization by returning to ancestral traditions and knowledge. This wisdom is based on the authors' oral traditions, research, intuitions, and lived experiences—wisdom inspired by, and created

from, personal trajectories on the path to spiritual *conocimiento*, or inner spiritual inquiry. This *conocimiento* has reemerged over the last fifty years as efforts to decolonize lives, minds, spirits, and bodies have advanced. Yet this knowledge goes back many generations to the time when the ancestors understood their interconnectedness with each other, with nature, and with the sacred cosmic forces—a time when the human body was a microcosm of the universe. Reclaiming and reconstructing spirituality based on non-Western epistemologies is central to the process of decolonization, particularly in these fraught times. The wisdom offered here appears in a variety of forms—in reflective essays, poetry, prayers, specific guidelines for healing practices, communal rituals, and visual art, all meant to address life transitions and how to live holistically and with a spiritual consciousness for the challenges of the twenty-first century.

**The Woman They Could Not Silence** - Kate

Moore 2021-06-22

From the New York Times, USA Today, and Wall Street Journal bestselling author of *The Radium Girls* comes another dark and dramatic but ultimately uplifting tale of a forgotten woman whose inspirational journey sparked lasting change for women's rights and exposed injustices that still resonate today. 1860: As the clash between the states rolls slowly to a boil, Elizabeth Packard, housewife and mother of six, is facing her own battle. The enemy sits across the table and sleeps in the next room. Her husband of twenty-one years is plotting against her because he feels increasingly threatened--by Elizabeth's intellect, independence, and unwillingness to stifle her own thoughts. So Theophilus makes a plan to put his wife back in her place. One summer morning, he has her committed to an insane asylum. The horrific conditions inside the Illinois State Hospital in Jacksonville, Illinois, are overseen by Dr. Andrew McFarland, a man who will prove to be even

more dangerous to Elizabeth than her traitorous husband. But most disturbing is that Elizabeth is not the only sane woman confined to the institution. There are many rational women on her ward who tell the same story: they've been committed not because they need medical treatment, but to keep them in line--conveniently labeled "crazy" so their voices are ignored. No one is willing to fight for their freedom and, disenfranchised both by gender and the stigma of their supposed madness, they cannot possibly fight for themselves. But Elizabeth is about to discover that the merit of losing everything is that you then have nothing to lose... Bestselling author Kate Moore brings her sparkling narrative voice to *The Woman They Could Not Silence*, an unputdownable story of the forgotten woman who courageously fought for her own freedom--and in so doing freed millions more. Elizabeth's refusal to be silenced and her ceaseless quest for justice not only challenged the medical science of the day, and led to a giant



leap forward in human rights, it also showcased the most salutary lesson: sometimes, the greatest heroes we have are those inside ourselves. "The glowing ghosts of the radium girls haunt us still."--NPR Books for The Radium Girls

*The Book of Form and Emptiness* - Ruth Ozeki  
2021-09-21

Winner of the Women's Prize for Fiction "No one writes like Ruth Ozeki—a triumph." —Matt Haig, New York Times bestselling author of *The Midnight Library* "Inventive, vivid, and propelled by a sense of wonder." —TIME "If you've lost your way with fiction over the last year or two, let *The Book of Form and Emptiness* light your way home." —David Mitchell, Booker Prize-finalist author of *Cloud Atlas* A boy who hears the voices of objects all around him; a mother drowning in her possessions; and a Book that might hold the secret to saving them both—the brilliantly inventive new novel from the Booker Prize-finalist Ruth Ozeki One year after the

death of his beloved musician father, thirteen-year-old Benny Oh begins to hear voices. The voices belong to the things in his house—a sneaker, a broken Christmas ornament, a piece of wilted lettuce. Although Benny doesn't understand what these things are saying, he can sense their emotional tone; some are pleasant, a gentle hum or coo, but others are snide, angry and full of pain. When his mother, Annabelle, develops a hoarding problem, the voices grow more clamorous. At first, Benny tries to ignore them, but soon the voices follow him outside the house, onto the street and at school, driving him at last to seek refuge in the silence of a large public library, where objects are well-behaved and know to speak in whispers. There, Benny discovers a strange new world. He falls in love with a mesmerizing street artist with a smug pet ferret, who uses the library as her performance space. He meets a homeless philosopher-poet, who encourages him to ask important questions and find his own voice amongst the many. And

he meets his very own Book—a talking thing—who narrates Benny’s life and teaches him to listen to the things that truly matter. With its blend of sympathetic characters, riveting plot, and vibrant engagement with everything from jazz, to climate change, to our attachment to material possessions, *The Book of Form and Emptiness* is classic Ruth Ozeki—bold, wise, poignant, playful, humane and heartbreaking.

*So We Can Glow* - Leesa Cross-Smith 2020-03-10  
ONE OF NPR'S BEST BOOKS OF 2020  
LONGLISTED FOR THE 2021 JOYCE CAROL OATES PRIZE  
A lush, glittering short story collection exploring female obsession and desire by an award-winning author Roxane Gay calls "a consummate storyteller." From Kentucky to the California desert, these forty-two short stories -- ranging from the 80's and 90's to present day -- expose the hearts of girls and women in moments of obsessive desire and fantasy, wildness and bad behavior, brokenness and fearlessness, and more. On a hot July night,

teenage girls sneak out of the house to meet their boyfriends by the train tracks. Members of a cult form an unsettling chorus as they proclaim their adoration for the same man. A woman luxuriates in a fantasy getaway to escape her past. A love story begins over cabbages in a grocery store, and a laundress's life is consumed by her obsession with a baseball star. After the death of a sister, two high school friends kiss all night and binge-watch Winona Ryder movies. Leesa Cross-Smith's sensuous stories -- some long, some gone in a flash, some told over text and emails -- drench readers in nostalgia for summer nights and sultry days. They recall the intense friendships of teenage girls and the innate bonds between mothers, the first heady rush of desire, and the pure exhilaration of womanhood, all while holding up the wild souls of women so they can catch the light.

**Glow** - Megan E. Bryant 2017-09-01  
Kirkus Reviews Best Books of 2017 Selection  
Lydia is thrilled to join the working girls in the

factory, where they paint luminous watch dials for the soldiers fighting in World War I. In the future, these girls will be known as the tragic Radium Girls: factory workers not only poisoned by the glowing paint, but who also had to fight against men who knew of the paint's deadly effect. One hundred years later, Julie, whose life is on hold after high school, becomes intrigued by a series of mysterious antique paintings she finds in a thrift store. When she discovers their hidden-and increasingly nightmarish-glowing images, Julie is determined to learn more about them. As Julie's obsession mounts, truths about the Radium Girls-and her own complicated relationships-are revealed. Can she uncover the secrets behind the paintings before she puts herself and everyone she loves at risk?

**Woman who Glows in the Dark** - Elena Avila  
1999

*A Flicker in the Dark* - Stacy Willingham  
2022-01-11

A New York Times Bestseller “A smart, edge-of-your-seat story with plot twists you’ll never see coming. Stacy Willingham’s debut will keep you turning pages long past your bedtime.” —Karin Slaughter  
When Chloe Davis was twelve, six teenage girls went missing in her small Louisiana town. By the end of the summer, her own father had confessed to the crimes and was put away for life, leaving Chloe and the rest of her family to grapple with the truth and try to move forward while dealing with the aftermath. Now twenty years later, Chloe is a psychologist in Baton Rouge and getting ready for her wedding. While she finally has a fragile grasp on the happiness she’s worked so hard to achieve, she sometimes feels as out of control of her own life as the troubled teens who are her patients. So when a local teenage girl goes missing, and then another, that terrifying summer comes crashing back. Is she paranoid, seeing parallels from her past that aren't actually there, or for the second time in her life, is Chloe about to

unmask a killer? From debut author Stacy Willingham comes a masterfully done, lyrical thriller, certain to be the launch of an amazing career. *A Flicker in the Dark* is eerily compelling to the very last page.

*The Radium Girls: Young Readers' Edition* - Kate Moore 2020-09-08

Explore the unbelievable true story of America's glowing girls and their fight for justice in the young readers edition of the New York Times and USA Today bestseller *The Radium Girls*. This enthralling new edition includes all-new material, including a glossary, timeline, and dozens of bonus photos. Amid the excitement of the early twentieth century, hundreds of young women spend their days hard at work painting watch dials with glow-in-the-dark radium paint. The painters consider themselves lucky—until they start suffering from a mysterious illness. As the corporations try to cover up a shocking secret, these shining girls suddenly find themselves at the center of a deadly scandal.

*The Radium Girls: Young Readers Edition* tells the unbelievable true story of these incredible women, whose determination to fight back saved countless lives. This new edition of the national bestseller is perfect for: Educators looking for history books for kids ages 9 to 12, nonfiction books for kids, biographies for kids, and real stories around the industrial revolution, chemistry, and science Parents, educators, and librarians looking for stories about strong women, inspiring books for girls, childrens books about women in history, and famous women books for girls Young readers who want to read one of the most inspiring and shocking narratives of the early 20th century

**Based on a True Story** - Norm Macdonald 2016-09-20

NEW YORK TIMES BESTSELLER • “Driving, wild and hilarious” (The Washington Post), here is the incredible “memoir” of the legendary actor, gambler, raconteur, and Saturday Night Live veteran. When Norm Macdonald, one of the

greatest stand-up comics of all time, was approached to write a celebrity memoir, he flatly refused, calling the genre “one step below instruction manuals.” Norm then promptly took a two-year hiatus from stand-up comedy to live on a farm in northern Canada. When he emerged he had under his arm a manuscript, a genre-smashing book about comedy, tragedy, love, loss, war, and redemption. When asked if this was the celebrity memoir, Norm replied, “Call it anything you damn like.”

**The Curanderx Toolkit** - Atava Garcia Swiecicki 2022-07-07

A practical guide to understanding and using Mexican healing traditions in everyday life  
Arranging ofrendas. Brewing pericón into a healing tea. Releasing traumas through baños and limpias. Herbalist and curandera Atava Garcia Swiecicki spent decades gathering this traditional knowledge of curanderismo, Mexican folk healing, which had been marginalized as Chicax and Latinx Americans assimilated to US

culture. She teaches how to follow the path of the curandera, as she herself learned from apprenticing with Mexican curanderas, studying herbal texts, and listening to her ancestors. In this book readers will learn the Indigenous, African, and European roots of curanderismo. Atava also shares her personal journey as a healer and those of thirteen other inspirational curanderas serving their communities. She offers readers the tools to begin their own healing--for themselves, for their relationship with the earth, and for the people. The Curanderx Toolkit includes more than 25 profiles of native and adopted plants of Baja and Alta California and teaches you to grow, know, and love them. This book will help anyone who has lost connection with their ancestors begin to incorporate the herbal wisdom and holistic wellness of curanderismo into their lives. Take the power of ancient medicine into your own hands by learning simple herbal remedies and practicing rituals for kinship with the more-than-

human world.

**A Dirty Job** - Christopher Moore 2009-10-13

Charlie Asher is a pretty normal guy with a normal life, married to a bright and pretty woman who actually loves him for his normalcy. They're even about to have their first child. Yes, Charlie's doing okay—until people start dropping dead around him, and everywhere he goes a dark presence whispers to him from under the streets. Charlie Asher, it seems, has been recruited for a new position: as Death. It's a dirty job. But, hey! Somebody's gotta do it.

The Glow - Alistair McDowall 2022-02-07

People find me. When it's dark. 1863. An asylum. A woman locked in a windowless cell, with no memory as to who she is, or how she arrived there. When spiritualist medium Mrs Lyall requires a new assistant, this nameless woman seems the perfect candidate. But as the woman's past begins to reveal itself, so do new powers neither are prepared for. Alistair McDowall's haunting new play *The Glow* was the 2018 Pinter

Commission, an award given annually by Lady Antonia Fraser to support a new commission at the Royal Court Theatre. This edition was published to coincide with the world premiere at London's Royal Court Theatre in January 2022.

**Woman Who Glows in the Dark** - Elena Avila 2000-05-22

"An autobiographical account of how a psychiatric nurse specialist became a folk medicine healer; this also explains the origins and practice of one of the oldest forms of medicine in the New World."—Kirkus.

Discovery of the Five Senses - K.N. Smith

2021-09-15

A suspenseful incident in a forbidden preserve heightens the senses of five friends. Sight, sound, touch, taste, and smell become super-gifts that forever change the world. But furious battles confront the boys as they try to understand their sensory super powers in a race to save mankind. With light beings and mysterious strangers complicating their plight,

will the boys be able to defeat the evil Druth before it's too late? Get prepared for the twisting and grinding of this award-winning, action-adventure story — an edge-of-your-seat narrative for young and mature readers alike.

*Power of a Woman* - Robert Fripp 2007-03-15

Description: The feminine spirit soars in *Power of a Woman* as Eleanor of Aquitaine, toughest of medieval women, relates her memoirs: of caring and loyalties, triumphs and trials; of her marriages to two warring kings, Louis VII of France, then Henry II of England. She speaks intimately, emotionally of her too many quarreling sons, including Richard the Lionheart and John, of Magna Carta fame. A patron of troubadours, Eleanor commissions poetry as propaganda. She regales her readers with intrigues, crusades and tales of ruthless diplomacy against barons, kings, popes and Thomas Becket, while confessing her loves, her hopes for her many children, and their fates. In midlife her sense of community leads her to set

up her Court of Ladies to balance male-dominated worlds of Church and state. Her mission: to empower women with the Grace she enjoyed as the femme fatale of her day. Eleanor's power of a woman lets her pluck triumph from her defeats as well as her victories. Reviews: Those of you who know me know that for me to give a work of historical fiction a high rating, it has to offer something extraordinary. This Robert Fripp has done in *Power of a Woman*. In this highly unusual fictional autobiography, Mr. Fripp tells Eleanor of Aquitaine's story in her own words, as if she is dictating to a young lady in her household. *Power of a Woman*: review by Melissa Snell, Your Guide to Medieval History at About.com, which posts her full review at: [http://historymedren.about.com/od/ewho/fr/fripp\\_eleanor.htm](http://historymedren.about.com/od/ewho/fr/fripp_eleanor.htm) -Melissa Snell, Your Guide to Medieval History at About.com Finally! *Power of a Woman* brings us an autobiography of Eleanor of Aquitaine that is accessible and entertaining.

Telling her story in Eleanor's voice, Robert Fripp brings us medieval Europe through her eyes. At eighty-one, she hasn't much time. We feel her urgency, the chill in her bones. Impeccable research and storytelling combine to make this a must for all who want to know more about this fascinating woman. Her definition of love survives to this day! What a great read. This is so gripping. I got so totally caught up in this story one night that I woke up with images of Eleanor in my mind, and Kate Hepburn's voice in my ear. I love this tale. -Veronica Prior, Round Rock, TX Power of a Woman is gripping in its wealth of detail. It makes me feel like I am in the midst of the action. Of all books I have read, this is the only one that makes me experience what it must have felt like to have lived through those troublesome, exciting times. Such a wonderful, exciting book! -Lady Shirley Cassidy, Dublin, Ireland Author Bio: British-born Robert Fripp gained a medieval outlook from five years on a

choral scholarship in the choir of Salisbury Cathedral, the model for Lord of the Flies. He went on to study earth sciences before producing current affairs television for CBC in Toronto. He also: created IBM Visions magazine about high-performance computing; worked for Japan's public broadcaster; and wrote a book with great reviews, Let There Be Life, about cosmic and organic origins. Power of a Woman tells the memoirs of Eleanor of Aquitaine. Robert Fripp is hard to typecast; RobertFripp.ca may help.

**Sacred Woman: 84 Day Healing Journal** - Queen Afua 2016-04-22

A 84 Day Journal for Body, Mind & Spirit.

The Shining Girls - Lauren Beukes 2013-04-25

The jaw-dropping, page-turning, critically-acclaimed book of the year: a serial-killer thriller unlike any other from the award-winning Lauren Beukes. 'GONE GIRL has not exactly gone. But THE SHINING GIRLS have arrived' (The Times).