

# My Autism A Childs Guide To Their Autism Spectrum Diagnosis

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*Can I Tell You about Asperger Syndrome?* - Jude Welton 2003-09

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

**The Awesome Autistic Go-To Guide** - Yenn Purkis 2020-04-21

This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic, this book celebrates the strengths of understanding the world in a different way. It looks at all the reasons being you and thinking differently can be totally awesome! It also has tips for managing tricky situations such as meltdowns, sensory differences and anxiety. It includes fun activities and diary pages where you can write your thoughts and feelings to help you concentrate on your strengths and work on your challenges. This book helps you develop the confidence to be who you are and help you live life with as little stress and anxiety as possible.

**Parent's Guide to Coping with Autism** - Sarah Ziegel 2016-07-31

This is an essential guide for parents and carers coping with children with autism. When Sarah Ziegel's twin boys were diagnosed with autism, aged almost three, she realized that there was very little practical

information about what to do. When her next two children were also diagnosed with the condition, she was even more determined to put that lack of information right. This book is the result of Sarah's experiences of dealing with autism in the family. While covering personal aspects such as coping emotionally with a diagnosis, the book also tackles practical matters, such as education and the EHCP process, how to get help and support, and also considers the medical side of autism. Written by a former nurse, and full-time mother and carer, *A Parent's Guide to Coping with Autism* is a highly sensitive and professional guide and is the book you will want to reach for when faced with a diagnosis, or if you simply want to find out more about the condition.

*Healing Our Autistic Children* - Julie A. Buckley 2010-01-05

Autism Spectrum Disorder--which includes autism, Attention Deficit Hyperactivity Disorder, and Asperger's--is today's most common childhood disability. Dr. Buckley argues that this disorder is not a psychiatric condition but a physiological disease that must be medically treated.

*The ASD Workbook* - Penny Kershaw 2011-08-15

A diagnosis of an Autism Spectrum Disorder (ASD) can be confusing and overwhelming for all involved, and it can be difficult for parents to know how best to approach the subject with their child. This easy-to-use

interactive workbook gives parents the help they need to explain ASDs to their child and provide practical and emotional support following diagnosis. Parents are invited to work through each chapter with their child as they grow older and go through adolescence, encouraging them to talk through how the ASD affects each area of their life, from making friends to problem-solving to planning a career. The information and advice is presented in a clear and positive way to help both parent and child understand more about what the diagnosis means for them. As the workbook is completed an invaluable record of development will be created for parent and child to look back on together. This hands-on workbook is an essential resource for parents and carers looking for guidance on explaining ASDs from diagnosis onwards to children aged 10 and up.

The Parent's Guide to In-home ABA Programs - Elle Olivia Johnson  
2012-11-01

Concise and practical, this handbook explains the ins and outs of Applied Behavior Analysis in a chatty Q&A format. It covers everything parents need to know from what a typical in-home session will entail, to how to navigate their relationship with their ABA therapist, to how to get more involved and begin using ABA methods themselves.

*A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition* - Sally Ozonoff 2014-11-14

Many tens of thousands of parents have found the facts they need about high-functioning autism spectrum disorder (ASD), including Asperger syndrome, in this indispensable guide. Leading experts show how you can work with your child's unique impairments--and harness his or her capabilities. Vivid stories and real-world examples illustrate ways to help kids with ASD relate more comfortably to peers, learn the rules of appropriate behavior, and succeed in school. You'll learn how ASD is diagnosed and what treatments and educational supports really work. Updated with the latest research and resources, the second edition clearly explains the implications of the DSM-5 diagnostic changes.

Does My Child Have Autism? - Wendy L. Stone 2006-03-17

Offers guidance for parents on what to look for if they believe their child

is on the autism spectrum during the first twenty-four months of their life.

*A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition* - Sally Ozonoff 2014-11-13

"Packed with real-life stories and everyday problem-solving ideas, this book has given many tens of thousands of parents the facts they need about high-functioning autism spectrum disorder (ASD), including Asperger syndrome. The authors are leading experts who describe ways to work with these kids' unique impairments and capabilities so they can grow into happy, self-sufficient adults. Parents learn practical strategies for helping their son or daughter relate more comfortably to peers, learn the rules of appropriate behavior, and succeed in school. The book also discusses what scientists currently know about ASD and how it is diagnosed, as well as what treatments and educational supports have been shown to work. Updated with the latest research, resources, and clinical strategies, the second edition clearly explains the diagnostic changes in DSM-5"--

**Autism With Heart** - Katherine Kanaanah 2016-10-21

"Autism with HEART" is a must-have guide for a parent of a child who has been given a diagnosis on the autism spectrum. Katherine suggests easy-to-implement, practical strategies, to help bring and maintain order in your life. She provides advice and tools for organizing the mountains of paperwork and crazy family schedules. Her tips are straight forward and she takes you along on her quest to achieve, and keep, a positive outlook. We can all learn from her...autism moms, or not. ~Deborah Hoffman, MA CCC-SLP~In Autism with HEART, you will Heal by learning, Energize yourself, Anticipate how to switch up your daily song and dance, establish Routines, and learn to Thrive. Learn how to retain your sanity and solve the ins and outs of life by:\* Organizing your autism related paperwork\* Removing mental and physical clutter\* Preventing burnout\* Establishing daily routines\* Teaching your child life skills\* Setting up a system for insurance paperwork\* Making time for you and your spouse\* And moreAlong with great advice, you have access to discounted apps and services and clear checklists. "These resources are

going to be invaluable to any mother just hearing their child is on the autism spectrum" (Lisa Valerio, Autism Support Group Facilitator & Insurance Advocate).

*What I Wish I'd Known about Raising a Child with Autism* - Bobbi Sheahan 2011

A mother of an autistic child and a psychologist share valuable information about raising a child with autism. Offering parent-to-parent advice as well as professional guidance, this book tackles such issues as picky eating, bedtime battles, and discipline.

**The Children's Guide to Autism** - Fiona Reeves 2015-03-27

The Children's Guide to Autism is a short fact based description of what Autism can be like and is aimed at younger children (roughly 6 - 9 years). It was first published on Amazon Kindle during World Autism Awareness Week 2015. The book section titles are different brains, the autism spectrum, understanding people, the right words, communicating, noticing details, senses, coping with change and difference is great! The author wrote the book to explain Autism to her son and his friends in a factual way rather than a story about a specific character with very specific symptoms, as Autism isn't like that, it's a spectrum condition.

*My Autism Book* - Glòria Durà-Vilà 2013-12

Presents children with an overview of their autism spectrum diagnosis, and discusses their likely strengths and differences.

**He's Not Naughty!** - Deborah Brownson 2019-03-21

'A beautifully written book that's changing perceptions of autism all over the world' - Alistair Burt, Minister of State for Foreign Office and MP for NE Bedfordshire 'When people think your autistic child is having a tantrum, just show them this book! An easy way to educate those around your child' - Alison White, Autism Parent, Canada Taryn and Jake are best friends who have lots of similarities and lots of differences. One of the differences is that Jake has autism and Taryn doesn't, which means they can act differently sometimes. Taryn knows that people with autism are often mistaken for being naughty when it's actually a natural way for their brain to react. Fed up with everyone not understanding, Taryn decides to let the world know why Jake isn't naughty! Join Taryn as she

candidly explains her understanding of autism, and why there's always a reason behind everything Jake does. This distinctively illustrated book is a quick and quirky way to explain to friends and family why children with autism behave the way they do. Unique visuals provide a great sense of what it's truly like to have autism, making this the perfect book for children aged 6 and up to learn about autism.

**The Autism Language Launcher** - Kate Wilde 2019-08-21

Do you want to help your child on the autism spectrum to verbally communicate with you and others? You've picked up the right book. The Autism Language Launcher gives you something totally new: a step-by-step guide that ignites language lift-off by using methods such as tapping into your child's innate intelligence, going with your child instead of against your child and providing techniques that work with adults on the spectrum. Written for parents, relatives, professionals, educators, or caregivers of a child or adult who is not yet verbal, making some sounds, using some words, speaking in single words, or using two-word phrases, this book uses the author's decades of experience with children and adults on the spectrum. Kate also demonstrates how to effectively address your child's echolalia, repetitious language, and repetitive questions in a way that your child will find supportive, bonding, and even joyful. Ultimately, this book shows you how to make language happen.

**Can I Tell You about Autism?** - Jude Welton 2014

A boy named Tom describes what life with autism is like, explains the challenges he faces, and suggests ways for parents and educators to help those who suffer from the condition.

*An Exceptional Children's Guide to Touch* - Hunter Manasco 2012

The rules of physical contact can be tricky to grasp. This friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. Each story covers a different type of touch and will help children understand how boundaries change depending on the context.

*Children With High-Functioning Autism* - Claire E. Hughes-Lynch 2021-09-03

Children With High-Functioning Autism: A Parent's Guide offers parents

the information needed to help them cope with their child's autism and to navigate the path as they first perceive differences, seek assistance and treatment, and help their child develop into his or her full potential. Including examples of the author's own experiences with her child with autism, this book helps families realize that there are others on similar paths—and that help is available. With topics ranging from understanding the first signs of autism and the diagnosis, finding a support network, and filling out necessary paperwork, to determining the various types of therapies available and planning for adulthood, this book provides parents with valuable insight into this new world. With an emphasis on high-functioning autism, Pervasive Developmental Disorder-Not Otherwise Specified, and Asperger's syndrome, *Children With High-Functioning Autism: A Parent's Guide* helps parents learn to celebrate small areas of growth and keep the focus on the child.

**Right from the Start** - Karin Donahue 2019-12-16

*Right from the Start: A Practical Guide for Helping Young Children with Autism* asserts that autistic children can be successful when parents and teachers understand key principles of autism and have the tools to help these children expand their social and emotional skills. This book explains the importance of self-regulation, the ability to moderate our feelings and reactions. In prioritizing this essential skill, *Right from the Start* is an indispensable resource for parents, professionals, and educators. It describes practical strategies to help children manage their emotions and behavior, learn social and play skills, and cope with challenging sensory experiences. With these techniques, we can lay a positive foundation that enables autistic children to be confident and successful in any environment.

**An Early Start for Your Child with Autism** - Sally J. Rogers  
2012-05-21

Presents strategies for helping children with autism interact with others and achieve their potential, covering such areas as back-and-forth interactions, nonverbal communication, and imitation.

**Thinking Person's Guide to Autism** - Jennifer Byde Myers 2011

*Thinking Person's Guide to Autism (TPGA)* is the resource we wish we'd

had when autism first became part of our lives: a one-stop source for carefully curated, evidence-based information from autistics, autism parents, and autism professionals.

**Turn Autism Around** - Mary Lynch Barbera, Ph.D. 2022-03-29  
Help remediate—and in some cases eliminate—autism and other developmental delays in young children, even in as little as 15 minutes a day with this toolkit of behavioral practices that can be taught at home. Developmental delays and signs of autism usually show up before 18 months of age, yet children are often not diagnosed until they are 4 or 5 years old. In *Turn Autism Around*, Dr. Mary Barbera explains why parents can't afford to worry and wait in long lines for evaluations and treatment while not knowing how to help their children. She empowers parents, caregivers, and early intervention professionals to regain hope and take back control with simple strategies to dramatically improve outcomes for their children. Dr. Barbera has created a new approach to teaching kids with developmental delays that uses the science of Applied Behavior Analysis (ABA) married with a positive, child-friendly methodology that any parent can use—whether or not their child has delays—to learn to teach communication skills, socialization strategies, as well as tackle sleep, eating, potty training, and behavior challenges in a positive, effective, and lasting way. *Turn Autism Around* is the first book of its kind that calls attention to an important fact: parents can make a tremendous impact on their child's development through behavioral practices taught at home, even in as little as 15 minutes a day. Her program shows these autism and developmental delays can be remediated, and in some cases, delays can be caught up altogether, if parents intervene while the child is young. This book is for parents of young children aged one-to-five years who are passionate about helping their child as well as learning how they can change the trajectory of their child's and family's life.

**Avoiding Anxiety in Autistic Children** - Luke Beardon 2020-12-10

One of the biggest challenges for the parent of any autistic child is how best to support and guide them through the situations in life which might cause them greater stress, anxiety and worry than if they were

neurotypical. Dr Luke Beardon has put together an optimistic, upbeat and readable guide that will be essential reading for any parent to an autistic child, whether they are of preschool age or teenagers. Emphasising that autism is not behaviour, but at the same time acknowledging that there are risks of increased anxiety specific to autism, this practical book gives insight into the nature of the anxiety experienced by autistic people, as well as covering every likely situation in which your child might feel anxious or worried. It will help you to prepare your child for school, to monitor their anxiety around school, and also to be informed about the educational choices available to your child. It will give you support to help make breaktimes less stressful for them and how to help them navigate things like eating at school and out of the house. Educationally, this book will take you and your child right up to the point of taking exams and leaving school; socially and emotionally it will cover all the challenges from bullying, friendships, relationships, puberty and sex education. It will give suggestions for alternatives in the scenarios that might cause anxiety or confusion in your child; it will also give a full understanding of your child's sensory responses and such behaviours as masking, or echopraxia. As the parent of an autistic child, you may find their path to adulthood different to the one you had expected to take, but as this book makes clear, autism should be celebrated and affirmed. *Avoiding Anxiety in Autistic Children* helps you to do just that, with practical strategies that will help happiness, not anxiety, remain the over-riding emotion that colours your child's memories of their early years.

*The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)* - Elizabeth Verdick 2015-01-05

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get "stuck" on things, have limited interests, or experience repeated motor movements like flapping or pacing ("stims").

*The Survival Guide for Kids with Autism Spectrum Disorders* covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions ("What is ASD?" "Why me?") and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, and resources. Sections for parents offer additional information.

**The ASD and Me Picture Book** - Joel Shaul 2017-03-21

Learn to build individual strengths and work through problems with this picture-based guide for children with ASD aged 7-14. The use of images and photocopiable worksheets creates a simple and fun resource for identifying what you are good at and how to use those skills to deal with personal challenges.

*Getting the Best for Your Child with Autism* - Bryna Siegel 2008-01-02

As the parent of a child with an autism spectrum disorder, you need an informed, caring advocate who can deftly guide you through the complex maze of treatment options. In this empowering resource, bestselling author Bryna Siegel--one of the world's leading authorities on the disorder--helps you zero in on proven strategies and tailor them to fit your child's unique needs. Like no other book, *Getting the Best for Your Child with Autism* shows how to get an accurate assessment of your child's strengths and weaknesses so you can develop a plan of action suited to his or her individual learning style, interests, verbal abilities, and social skills. You'll learn what services you're entitled to, how to determine what's right for your family, and ways to work effectively with doctors and school professionals. With Dr. Siegel as your ally, you can help your child learn and grow.

**ABA Programs for Kids with Autism** - Gary Brown 2014-03-05  
(ON SALE AT A REDUCED PRICE FOR AUTISM AWARENESS)

MONTH!!!) This newly updated book contains 25 ABA (Applied Behavioral Analysis) programs, plus many more helpful tips for helping your child with Autism. These ABA programs are designed as guidelines for parents and caregivers of children with behavioral problems and developmental delays associated with neuropsychological disorders, such as autism. This edition also contains an updated list of recommended iOS apps to help your child. Great for homes, schools, clinics and daycares. The National Institute of Mental Health and the Surgeon General recommend Applied Behavior Analysis (ABA) as an essential therapy for children with autism. So ABA should be the mainstream of your therapy. *Ten Things Every Child with Autism Wishes You Knew* - Ellen Notbohm 2005

Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humor and compassion, the book defines the top ten characteristics that illuminate the minds and hearts of children with autism.

**Growing Up on the Spectrum** - Lynn Kern Koegel, Ph.D. 2009-03-19  
The first comprehensive guide to helping teens with autism—from the acclaimed authors of *Overcoming Autism* With an estimated half a million Americans under twenty-six on the autism spectrum, this book offers the reassurance, solace, and practical solutions that so many people are searching for. Following up on their work in *Overcoming Autism*, which offered advice for teaching young children on the spectrum, Lynn Koegel and Claire LaZebnik now present strategies for working with teens and young adults living with this complex condition. Addressing universal parental concerns, from first crushes and a changing body to how to succeed in college and beyond, *Growing Up on the Spectrum* is a beacon of hope and wisdom for parents, therapists, and educators alike.

[All My Stripes](#) - Shaina Rudolph 2014-10

Zane rushes home to tell his mother about problems he faced during his school day, and she reminds him that while others may only see his "autism stripe," he has stripes for honesty, caring, and much more.

**My Autism Book** - Tamar Levi 2013-12-21

*My Autism Book* is a beautifully illustrated picture book that helps parents to explain an autism diagnosis to their child in a sensitive, positive and accurate way. When a child is diagnosed with an Autism Spectrum Disorder (ASD), parents often feel overwhelmed and uncertain about how to communicate the diagnosis to their child. This book is designed to be read with the child as a simple introduction to their diagnosis. Written by a doctor and a children's author, the book is tailored precisely to the needs and experiences of the child with ASD aged 5 and up. It explains what an autism diagnosis means and encourages an exploration of the child's likely strengths and differences using clear language that speaks directly to the child. The colourful pictures throughout show how the world looks from the child's perspective and the book ends with a summary checklist to encourage the child to record and discuss how autism affects them.

[Talking with Your Child about Their Autism Diagnosis](#) - Raelene Dundon 2017-11-21

Telling your child about their autism diagnosis can be daunting. Will they be better off for knowing? What's the right way to tell them? Should you inform anyone else too? As a mother of two children on the spectrum, with over ten years' experience as a psychologist specialising in childhood autism, Raelene Dundon has all the tips you'll need. In this concise book, she sets out case studies, examples and resources that will equip you to make your own informed choices and help your whole family to live well with autism. Part One provides ways to tell children of different ages and development levels about their diagnosis, including photocopyable and downloadable worksheets designed to help diagnosed children understand autism, and gives advice on what to do if they react in a negative or unexpected way to the news. Part Two explores the pros and cons of sharing the diagnosis with others, including family, friends, school staff and your child's classmates, and guides you through what to do if others don't understand or accept the diagnosis.

**A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition** - Sally Ozonoff 2002-06-20

Asperger Syndrome and high-functioning autism are detected earlier and

more accurately today than ever before. Children and teens with these disorders often stand out for their precocious intelligence and language abilities--yet profound social difficulties can limit every aspect of their lives. This hopeful, compassionate guide shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible. From leading experts in the field, the book is packed with practical ideas for helping children relate more comfortably to peers, learn the rules of appropriate behavior, and participate more fully in school and family life. It also explains what scientists currently know about autistic spectrum disorders and how they are diagnosed and treated. Real-life success stories, problem-solving ideas, and matter-of-fact advice on everything from educational placements to career planning make this an indispensable reference that families will turn to again and again.

*What Science Tells Us about Autism Spectrum Disorder* - Raphael A. Bernier 2020-02-05

What have scientists learned about the causes of autism spectrum disorder (ASD)? Can parents do anything to prevent it? Why do different kids have such different symptoms, and what are the best ways to deal with them? Will there ever be a cure? From leading autism researchers Raphael Bernier, Geraldine Dawson, and Joel Nigg, this accessible guide helps parents put the latest advances to work for their unique child. From the impact of sleep, exercise, diet, and technology, to which type of professional help might be the right fit, the authors cover it all with expertise and compassion. Above all, they emphasize that current progress makes this an encouraging time for anyone who wants to help children and teens on the spectrum live to their fullest potential.

**Start Here** - Autistic Self Advocacy Network 2021-04-02

When you are starting to learn about autism, it's easy to feel overwhelmed. You might have heard negative things about autism, or feel worried about your child's future. But it is going to be okay. Your kid is still the same kid they were before you knew they were autistic. All the things you love about them haven't changed. Now that you know that

they are autistic, you are going to be able to understand them better. That's what this booklet is for. We'll tell you the facts about autism. We'll talk about how to find good services, and about your kid's rights in school. Most importantly, we'll talk about how to support your autistic child as they learn and grow.

[The Little Book of Autism FAQs](#) - Davida Hartman 2019-09-19

Empowering and practical, this guide is the perfect companion for parents who are finding it difficult to tell their children about their autism diagnosis. It provides a realistic yet uplifting approach to autism, treating it not as a disability but as a difference. Not telling children about their autism diagnosis can have a significant negative impact on their mental health; by equipping parents with a language of positivity around autism, the book will make a difference to many children on the spectrum. It advises on how and when to talk to autistic children with both high and low care needs, and provides guidance on supporting children's relationships with peers at school, as well as how to broach the conversation with the child's siblings. Concise and easy to read, *The Little Book of Autism FAQs* answers parents' questions with accessible language, preparing them to approach this difficult conversation in a constructive manner.

[A Practical Guide to Mental Health Problems in Children with Autistic Spectrum Disorder](#) - Alvina Ali 2013-10-21

Exploring the relationship between ASD and mental health difficulties, this book offers practical guidance to help parents and professionals recognise and handle co-morbid conditions, and dispels the myth that they are just a part of autism. The authors cover a wide range of common mental health problems experienced by children with ASD, including Obsessive Compulsive Disorder (OCD), anxiety, ADHD, eating disorders, psychosis, stress, tics and depression, and illustrate these issues with case studies. They also provide vital advice in an accessible format and suggest strategies to ease the difficulties which arise from these co-morbid conditions. This book is essential reading for professionals working with children on the autism spectrum and is an accessible and practical resource for parents and carers.

**Healing and Preventing Autism** - Jenny McCarthy 2009

In her bestsellers "Louder Than Words" and "Mother Warriors," McCarthy told stories about healing children with autism. Now she teams up with a preeminent autism doctor to write the first book on a remarkably effective new treatment in healing conditions associated with autism.

*Sincerely, Your Autistic Child* - Autistic Women and Nonbinary Network  
2021-03-30

A diverse collection of autistic voices that highlights how parents can avoid common mistakes and misconceptions, and make their child feel truly accepted, valued, and celebrated for who they are. Most resources available for parents come from psychologists, educators, and doctors, offering parents a narrow and technical approach to autism. *Sincerely, Your Autistic Child* represents an authentic resource for parents written

by autistic people themselves. From childhood and education to culture, gender identity, and sexuality, this anthology tackles the everyday joys and challenges of growing up while honestly addressing the emotional needs, sensitivity, and vibrancy of autistic kids, youth, and young adults. Contributors reflect on what they have learned while growing up on the autism spectrum and how parents can avoid common mistakes and overcome challenges while raising their child. Part memoir, part guide, and part love letter, *Sincerely, Your Autistic Child* is an indispensable collection that invites parents and allies into the unique and often unheard experiences of autistic children and teens.

**A Complete Guide to Autism** - Daniel Faber 2020-02-04

This is a compassionate, insightful and practical book. Based on research in the neurosciences... you will discover a new conceptual framework to understand your child's difficulties.