

Poi La Mamma Torna Gestire Il Distacco Senza Sensi Di Colpa

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[Birth and Death of the Housewife](#) - Paola Masino 2010-07-02

First English translation of Paola Masino's *Nascita e morte della massaia*, her most controversial novel that provoked Fascist censorship for its critical portrayal of marriage and motherhood.

[The Leopard](#) - Giuseppe Di Lampedusa 2007-11-06

Set in the 1860s, *The Leopard* tells the spellbinding story of a decadent, dying Sicilian aristocracy threatened by the approaching forces of democracy and revolution. The dramatic sweep and richness of observation, the seamless intertwining of public and private worlds, and the grasp of human frailty imbue *The Leopard* with its particular melancholy beauty and power, and place it among the greatest historical novels of our time. Although Giuseppe di Lampedusa had long had the book in mind, he began writing it only in his late fifties; he died at age sixty, soon after the manuscript was rejected as unpublishable. In his introduction, Gioacchino Lanza Tomasi, Lampedusa's nephew, gives us a detailed history of the initial publication and the various editions that followed. And he includes passages Lampedusa wrote for the book that were omitted by the original Italian editors. Here, finally, is the definitive edition of this brilliant and timeless novel. (Translated from the Italian by Archibald Colquhoun.)

[The Book of Disquiet](#) - Fernando Pessoa 2010-12-09

Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear? Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, *The Book of Disquiet* is a classic of existentialist literature.

[Tracce transnazionali. Vite in Italia e proiezioni verso casa tra i migranti ecuadoriani](#) - Paolo Boccagni 2009-04-30T00:00:00+02:00 1144.1.9

[Murder on the 18th Green](#) - Federico Maria Rivalta 2015-10-20

Little Kangaroo - Guido Van Genechten 2022-07-05

Bestselling title is now a board book! This is a good option to help young and older children with separation anxiety. - School Library Journal The world is big ... Much, much bigger than Mother Kangaroo's pouch. But Little Kangaroo would rather stay with Mommy, where it's safer, warmer and easier. Mom tries to show Little Kangaroo all that life has to offer. It does no good at first, but then... A splendid picture book about letting go in a loving way.

Accabadora - Michela Murgia 2012-10-30

The award winning *Accabadora* is an exceptional English-language debut, written with intriguing subtlety reflecting a sensual picture of local Italian life and death in villages during the 1950's. A time where family ties and obligations still decide much of life's ebb and flow. A must read for those who love a touch of the unusual. Formerly beautiful and at one time betrothed to a fallen soldier, Bonaria Urrai has a long held covenant with the dead. Midwife to the dying, easing their suffering and sometimes ending it, she is revered and feared in equal measure as the village's *Accabadora*. When Bonaria adopts Maria, the unloved fourth child of a widow, she tries to shield the girl from the truth about her role as an angel of mercy. Moved by the pleas of a young man crippled in an accident, she breaks her golden rule of familial consent, and in the recriminations that follow, Maria rejects her and flees Sardinia for Turin. Adrift in the big city, Maria strives as ever to find love and acceptance, but her efforts are overshadowed by the creeping knowledge of a debt unpaid, of a duty and destiny that must one day be hers. *Accabadora* has been awarded seven major literary prizes, including Italy's prestigious Premio Campiello.

Touchpoints - T. Berry Brazelton 1995

[Twilight](#) - Stephenie Meyer 2007-07-18

Fall in love with the addictive, suspenseful love story between a teenage girl and a vampire with the book that sparked a "literary phenomenon" and redefined romance for a generation (*New York Times*). Isabella Swan's move to Forks, a small, perpetually rainy town in Washington, could have been the most boring move she ever made. But once she meets the mysterious and alluring Edward Cullen, Isabella's life takes a thrilling and terrifying turn. Up until now, Edward has managed to keep his vampire identity a secret in the small community he lives in, but now nobody is safe, especially Isabella, the person Edward holds most dear. The lovers find themselves balanced precariously on the point of a knife - - between desire and danger. Deeply romantic and extraordinarily suspenseful, *Twilight* captures the struggle between defying our instincts and satisfying our desires. This is a love story with bite. It's here! #1 bestselling author Stephenie Meyer makes a triumphant return to the world of *Twilight* with the highly anticipated companion, *Midnight Sun*: the iconic love story of Bella and Edward told from the vampire's point of view. "People do not want to just read Meyer's books; they want to climb inside them and live there." -- *Time* "A literary phenomenon." -- *The New York Times*

[When an Elephant Falls in Love](#) - Davide Cali 2016-12-20

From the bestselling author of *I Didn't Do My Homework Because...* comes an irresistible meditation on the quest for connection. When an elephant falls in love, he does many foolish things. He hides when the elephant-object of his affection is around. He writes dozens of letters that he will never send. And he tries to be healthy, but ends up finishing the cheesecake. This soulful book is at once relatable and revealing, a reminder that love is worth striving for, and that the very best things in life will come to those who wait. Plus, this is the fixed format version, which looks almost identical to the print edition.

Post-Digital Print - Alessandro Ludovico 2019-04-23

Digital technology is now a normal part of everyday life. The mutation of music and film into bits and bytes, downloads and streams is now taken for granted. For the world of book and magazine publishing however, this transformation has only just begun. Still, the vision of this transformation is far from new. For more than a century now, avant-garde artists, activists and technologists have been anticipating the development of networked and electronic publishing. Although in hindsight the reports of the death of paper were greatly exaggerated, electronic publishing has now certainly become a reality. How will the analog and the digital coexist in the post-digital age of publishing? How will they transition, mix and cross over? In this book, Alessandro Ludovico rereads the history of the avant-garde arts as a prehistory of cutting through the so-called dichotomy between paper and electronics. Ludovico is the editor and publisher of *Neural*, a magazine for critical digital culture and media arts. For more than 20 years now, he has been working at the cutting edge (and the outer fringes) of both print publishing and politically engaged digital art.

[My Brilliant Friend](#) - Elena Ferrante 2018-10-02

Beginning in the 1950s Elena and Lila grow up in Naples, Italy, mirroring two different aspects of their nation.

Tip the Mouse Doesn't Want to Eat - Anna Casalis 2005

Journeys Out of the Body - Robert A. Monroe 2014-11-12

The definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe Institute. Robert Monroe, a Virginia businessman, began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual

realities of his life. He was inhabiting a place unbound by time or death. Praise for *Journeys Out of the Body* "Monroe's account of his travels, *Journeys Out of the Body*, jam-packed with parasitic goblins and dead humans, astral sex, scary trips into mind-boggling other dimensions, and practical tips on how to get out of your body, all told with wry humor, quickly became a cult sensation with its publication in 1971, and has been through many printings. Whatever their 'real' explanation, Monroe's trips made for splendid reading." —Michael Hutchinson, author of *Megabrain* "Robert Monroe's experiences are probably the most intriguing of any person's of our time, with the possible exception of Carlos Castaneda's." —Joseph Chilton Pierce, author of *Magical Child* "This book is by a person who's clearly a sensible man and who's trying to tell it like it is. No ego trips. Just a solid citizen who's been 'out' a thousand times now and wants to pass his experiences to others." —The Last Whole Earth Catalog

Baby Mine - Mariarosa Verduci 2021-05-04

Da sempre ho ritenuto essenziale, per raggiungere la felicità umana, il sapersi emozionare. Durante il mio percorso di vita ho consolidato sempre di più questa teoria, fino a farne il mio motto personale. La mia attenzione verso me stessa e soprattutto verso il prossimo è rivolta maggiormente allo stato emotivo che caratterizza l'essere vivente. Imparare a vivere, non ad esistere e basta, questa è per me la chiave della felicità. Le emozioni, gli stati d'animo e le sensazioni sono alla base del comportamento degli esseri umani e anche degli animali. Sono loro che portano ad effettuare delle scelte, che ci guidano ad un determinato comportamento. Una specie d'istinto di sopravvivenza approfondito che guida ognuno di noi nel proprio percorso di vita. Questo concetto è il punto focale di quest'opera che approfondisce il tema dell'importanza delle emozioni in ogni aspetto della vita dell'uomo, soprattutto in quella della donna nel periodo della maternità, del proprio bambino e della famiglia a cui appartiene. In quest'opera sono raccolte teorie, ricerche e opinioni sull'argomento, studi effettuati per riuscire ad essere in grado di arrivare al profondo del proprio essere, alla scoperta del vero Sé interiore, spesso nascosto e soffocato. Da qui parte il mio progetto che poi continua a svilupparsi abbracciando quella che io definisco "l'arte della vita: la danza." Attraverso la danza ed altre discipline pedagogiche e motorie, arriveremo al raggiungimento del benessere globale della mamma e del suo bambino, rivolgendo l'attenzione anche verso i fratelli e le sorelle maggiori del nascituro. Un'opera che racchiude un progetto innovativo che unisce lo studio dello stato emotivo dell'essere umano, e il suo relativo sviluppo, all'arte della danza. Aprite il cuore, liberate la mente e fate buon viaggio in "BABY MINE: LA DANZA DELLE EMOZIONI".

After - Anna Todd 2014-10-21

"Book one of the *After* series--the Internet sensation with millions of readers. Tessa didn't plan on meeting Hardin during her freshman year of college. But now that she has, her life will never be the same"--

Secrets of the Baby Whisperer for Toddlers - Tracy Hogg 2002-01-29

Unnerved by the ceaseless demands of your toddler? Concerned that your two-year-old isn't developing on schedule? You clearly need to spend some time with Tracy Hogg. Nicknamed the "baby whisperer" by grateful parents because of her extraordinary gift for understanding and connecting with children, Tracy became internationally famous after the smashing success of her New York Times bestseller *Secrets of the Baby Whisperer*. Now Tracy is back with the same winning blend of common sense, uncanny intuition, and results-getting guidance in her new book, *Secrets of the Baby Whisperer for Toddlers*. Yes, the toddler years have their stresses and challenges for both parents and children—but with Tracy at your side, you'll find that this can also be the most fascinating and rewarding stretch of parenthood. As in her hugely popular first book, Tracy brings her vast experience to bear on the issues and dilemmas with which all parents grapple during toddlerhood. Starting with the simple but essential premise that there is no such thing as a "typical" child, Tracy guides you through her unique programs, including: • H.E.L.P. (Hold back, Explain, Limit, Praise): the mantra that will remind you of the four elements that are critical to fostering your child's growth and independence. • Using T.L.C. (Talk, Listen, Clarify) to communicate with your toddler, to figure out what she is really thinking, and to best help her express herself. • R&R: the Routines and Rituals that give structure and predictability to daily life and a sense of continuity to holidays and special occasions. • Rehearsals for Change: ways of preparing your toddler for new experiences by encouraging her to practice her skills in the safe, controlled setting of your family. • Conscious Discipline: a way of teaching your toddler how to behave and manage his emotions, while being mindful of the lessons you teach with

your own behavior. Tracy knows that your child is special—a one-of-a-kind individual with her own gifts and needs—and she has dedicated this marvelous new book to helping you appreciate and respect your child's uniqueness. Whether it's making new friends, mastering potty training, or eating at the family dinner table, your child will do it in her own way and at his own pace. With Tracy as your guide, you can share in the achievements of toddlerhood every step of the way. Practical, reassuring, and written with wit and energy and boundless enthusiasm for real children and their everyday behavior, this book will be your constant companion during the magical, challenging toddler years.

Poo Bum - Stephanie Blake 2011-11

The little rabbit is loved by his family, even though whenever they ask him a question, he answers very rudely. In the morning his mother would say, 'Time to get up, my little rabbit ' He'd reply: 'Poo bum '. One day the little rabbit meets a hungry wolf. Will he learn his lesson once and for all?

Guardiamoci in un film. Scene di famiglia per educare alla vita emotiva - AA. VV. 2011-05-31T00:00:00+02:00

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The Heart is Deceitful Above All Things - J.T. LeRoy 2009-08-17

A series of loosely connected autobiographical stories, they describe the disturbing relationship between a mother and her adolescent son as she moves from lover to lover, dressing him as a girl and forcing him to shoplift. These are shocking stories of abusive love and dysfunctional sexuality, of heartbreak and of innocence lost. Once again, LeRoy's fantastical imagination and lyricism twists his haunted past into something utterly strange and magical.

Elf on the Shelf Official Annual 2020 - Little Brother Books 2019-09-06

Have you been naughty or nice? Get set for Christmas with our brand new magical Annual! Enjoy Elf-themed activities, stories and makes in this charming new Annual and help make it the best Christmas holiday ever! Includes recipes, craft ideas, quizzes, puzzles, jokes, fun facts, etc.

Playing and Reality - Donald Woods Winnicott 1991

Winnicott is concerned with the springs of imaginative living and of cultural experience in every sense, with whatever determines an individual's capacity to live creatively and to find life worth living.

The Baby Whisperer Solves All Your Problems - Tracy Hogg 2010-05-11

The most comprehensive, up-close, and personal book in the bestselling *Baby Whisperer* series to date! Thousands of parents have asked the *Baby Whisperer* to help them solve their problems. With this book you too can take advantage of the advice, insights, and parenting techniques from beloved child expert Tracy Hogg. "A problem is nothing more than a situation calling for a creative solution," she reminds us. "Ask the right questions and you'll come up with the right answers." Once you learn how to translate language, the "baby-language" your infant uses to communicate needs, feelings, and opinions, you can see your child for who he or she really is—an understanding that will serve you well as your child blossoms into the toddler years. By helping you establish a daily routine and tailor your parenting strategies according to your child's unique personality and stage of development, Tracy will teach you how to: • Ask the Twelve Essential Questions to recognize potential problems and employ the Twelve Principles of Problem Solving—simple troubleshooting techniques for everyday situations • Avoid, or remedy, accidental parenting—inadvertent adult behavior that often leads to such common parenting challenges as sleep problems, poor eating habits, separation anxiety, and tantrums • Be a P.C. parent—patient and conscious—who knows how to detect prime times—windows of opportunity for teaching babies how to get to sleep on their own, introducing bottles to breast-fed babies, toilet training, and other growth issues • Inhibit runaway emotions and foster his or her emotional fitness—the ability to understand and manage feelings ...and so much more. For Tracy's fans, this book will be a welcome addition to the Hogg library; for readers unfamiliar with her philosophy of care, it will open a new world of understanding and insight.

All I Need Is A Pen - Leonna Brabham 2009-11

All I Need Is A Pen is a book of poems written for you to read in your spare time and to have fun reciting them wherever you go. This newly established poet from Brooklyn will make you want to grab a pen of your own and begin to write. Through songs, raps, plays even in stories and movies poetry can be expressed. Starting with an idea, next a vision, then it is written. Leonna reveals her own version of poetry broken into four sections. Something we all can relate to and understand. Her poems are exhilarating and eclectic. You will feel each one as if it were your own way of thinking. As you read on you will find her flow of words

uplifting and genuine. Get ready to laugh, smile, cry, and be shocked with the approach she gives you. This extraordinary collection of poems is for you to enjoy and to also utilize as a reminder to never give up hope. There is definitely a lot of talent stimulating the world everyday. Here's mine and don't forget to tell a friend! SUPPORT TALENT! All I Need Is A Pen is guaranteed a book not to bore you. But it will keep you yearning for more and thinking of reality instead of fantasizing all the time. Creativity comes from the mind and heart that is where dreams start. Build on it, you will feel optimistically sharp!

Zou and the Box of Kisses - Michel Gay 2011

Zou is preparing to leave for a school camp. He doesn't want to seem like a baby, but he knows that he will miss all his daily kisses: the bedtime kisses, the morning kisses, the no-reason-at-all kisses . . . But Zou needn't worry. Mum and Dad have a solution. They make dozens of paper kisses and put them in a box for Zou to use whenever he feels a bit lonely. But the box of kisses comes in surprisingly useful on the train . . .

Who Loves You Like this - Edith Bruck 2001

This is an account of one woman's Holocaust survival and painful postwar years spent forging an adult identity out of the splinters of a girlhood destroyed.

Epic Continent - Nicholas Jubber 2019-08-27

Selected as one of NPR's Best Books of 2019 Selected by National Geographic as one of 12 "great books for travelers" "The prose is colourful and vigorous ... Jubber's journeying has indeed been epic, in scale and in ambition. In this thoughtful travelogue he has woven together colourful ancient and modern threads into a European tapestry that combines the sombre and the sparkling' Spectator 'A genuine epic' Wanderlust Award-winning travel writer Nicholas Jubber journeys across Europe exploring Europe's epic poems, from the Odyssey to Beowulf, the Song of Roland to the Nibelungenlied, and their impact on European identity in these turbulent times. These are the stories that made Europe. Journeying from Turkey to Iceland, award-winning travel writer Nicholas Jubber takes us on a fascinating adventure through our continent's most enduring epic poems to learn how they were shaped by their times, and how they have since shaped us. The great European epics were all inspired by moments of seismic change: The Odyssey tells of the aftermath of the Trojan War, the primal conflict from which much of European civilisation was spawned. The Song of the Nibelungen tracks the collapse of a Germanic kingdom on the edge of the Roman Empire. Both the French Song of Roland and the Serbian Kosovo Cycle emerged from devastating conflicts between Christian and Muslim powers. Beowulf, the only surviving Old English epic, and the great Icelandic Saga of Burnt Njal, respond to times of great religious struggle - the shift from paganism to Christianity. These stories have stirred passions ever since they were composed, motivating armies and revolutionaries, and they continue to do so today. Reaching back into the ancient and medieval eras in which these defining works were produced, and investigating their continuing influence today, Epic Continent explores how matters of honour, fundamentalism, fate, nationhood, sex, class and politics have preoccupied the people of Europe across the millennia. In these tales soaked in blood and fire, Nicholas Jubber discovers how the world of gods and emperors, dragons and water-maidens, knights and princesses made our own: their deep impact on European identity, and their resonance in our turbulent times.

Poi la mamma torna. Gestire il distacco senza sensi di colpa - Alessandra Bortolotti 2021

Never Catch a Cold - André François 2012-08-29

Head Colds. Neglected Colds. Why are there so many Colds? Renowned artist André François explains in his own delightfully comical way in Never Catch a Cold, narrating just why the Cold—in all its various forms—continues to flourish. He also introduces readers to a host of fantastical creatures outlived by the Cold. François' tongue-in-cheek humor and inimitable black-ink drawings make this a Cold epidemic worth getting in on!

Affect Regulation And The Repair Of The Self - Allan N. Schore 2003-03-25

In 1994 Schore published his groundbreaking book 'Affect Regulation and the Origin of the Self'. This book builds from this landmark work and develops on his understanding of affect and the implicit self.

The Absorbent Mind - Maria Montessori 2013-03-25

The Absorbent Mind was Maria Montessori's most in-depth work on her educational theory, based on decades of scientific observation of children. Her view on children and their absorbent minds was a landmark departure from the educational model at the time. This book

helped start a revolution in education. Since this book first appeared there have been both cognitive and neurological studies that have confirmed what Maria Montessori knew decades ago.

Secrets of the Baby Whisperer - Tracy Hogg 2001-06-01

"TRACY HOGG HAS GIVEN PARENTS A GREAT GIFT—the ability to develop early insight into their child's temperament." -Los Angeles Family When Tracy Hogg's Secrets of the Baby Whisperer was first published, it soared onto bestseller lists across the country. Parents everywhere became "whisperers" to their newborns, amazed that they could actually communicate with their baby within weeks of their child's birth. Tracy gave parents what for some amounted to a miracle: the ability to understand their baby's every coo and cry so that they could tell immediately if the baby was hungry, tired, in real distress, or just in need of a little TLC. Tracy also dispelled the insidious myth that parents must go sleepless for the first year of a baby's life—because a happy baby sleeps through the night. Now you too can benefit from Tracy's more than twenty years' experience. In this groundbreaking book, she shares simple, accessible programs in which you will learn: • E.A.S.Y.—how to get baby to eat, play, and sleep on a schedule that will make every member of the household's life easier and happier. • S.L.O.W.—how to interpret what your baby is trying to tell you (so you don't try to feed him when he really wants a nap). • How to identify which type of baby yours is—Angel, Textbook, Touchy, Spirited, or Grumpy—and then learn the best way to interact with that type. • Tracy's Three Day Magic—how to change any and all bad habits (yours and the baby's) in just three days. At the heart of Tracy's simple but profound message: treat the baby as you would like to be treated yourself. Reassuring, down-to-earth, and often flying in the face of conventional wisdom, Secrets of the Baby Whisperer promises parents not only a healthier, happier baby but a more relaxed and happy household as well.

Journey Toward the Cradle of Mankind - Guido Gozzano 1996

The author recounts his experiences traveling in India, and shares his impressions of the land, its people, and culture

The Late Mattia Pascal - Luigi Pirandello 2004-11-30

Mattia Pascal endures a life of drudgery in a provincial town. Then, providentially, he discovers that he has been declared dead. Realizing he has a chance to start over, to do it right this time, he moves to a new city, adopts a new name, and a new course of life—only to find that this new existence is as insufferable as the old one. But when he returns to the world he left behind, it's too late: his job is gone, his wife has remarried. Mattia Pascal's fate is to live on as the ghost of the man he was. An explorer of identity and its mysteries, a connoisseur of black humor, Nobel Prize winner Luigi Pirandello is among the most teasing and profound of modern masters. The Late Mattia Pascal, here rendered into English by the outstanding translator William Weaver, offers an irresistible introduction to this great writer's work

Ask Me - Bernard Waber 2015

A father and daughter explore their neighborhood, talking and asking questions as they go.

The Birth of Intersubjectivity: Psychodynamics, Neurobiology, and the Self - Massimo Ammaniti 2014-01-13

Neurobiological research helps explain the experience of motherhood. This book, the exciting collaboration of a developmental psychoanalyst at the forefront of functional magnetic resonance attachment research and a leading neurobiological researcher on mirror neurons, presents a fresh and innovative look at intersubjectivity from a neurobiological and developmental perspective. Grounding their analysis of intersubjectivity in the newest advances from developmental neuroscience, modern attachment theory, and relational psychoanalysis, Massimo Ammaniti and Vittorio Gallese illustrate how brain development changes simultaneously with relationally induced alterations in the subjectivities of both mother and infant. Ammaniti and Gallese combine extensive current interdisciplinary research with in-depth clinical interviews that highlight the expectant mother's changing subjective states and the various typologies of maternal representations. Building on Gallese's seminal work with mirror neurons and embodied simulation theory, the authors construct a model of intersubjectivity that stresses not symbolic representations but intercorporeality from a second-person perspective. Charting the prenatal and perinatal events that serve as the neurobiological foundation for postnatal reciprocal affective communications, they conclude with direct clinical applications of early assessments and interventions, including interventions with pregnant mothers. This volume is essential for clinicians specializing in attachment disorders and relational trauma, child psychotherapists, infant mental health workers, pediatricians, psychoanalysts, and developmental

researchers. It combines fascinating new information and illustrative clinical experience to illustrate the early intersubjective origins of our own and our patients' internal worlds.

[How To Raise An Amazing Child the Montessori Way, 2nd Edition](#) - Tim Seldin 2017-06-13

A parent's guide to building independence, creativity, and confidence in their children using Montessori learning techniques, written by Montessori president Tim Seldin. An international bestseller, *How to Raise an Amazing Child the Montessori Way* adapts Montessori teachings for easy use at home. Packed with Montessori-based preschool activities and educational games that build confidence and independence through active learning, this authoritative illustrated guide helps raise self-reliant and creative children. Celebrate physical and intellectual milestones from birth to age six with activity checklists, and encourage development through proven child-centered teaching methods. This edition has been updated to include information about the neuroscience of child development and shares advice about screen time in the digital age, co-parenting, other family changes, and gentle discipline methods. *How to Raise an Amazing Child the Montessori Way* shows parents how to bring the teachings of Montessori into their home to create a safe, nurturing environment for their children with clear and concise instructions.

The Danish Way of Parenting - Jessica Joelle Alexander 2016-06-29
International bestseller As seen in *The Wall Street Journal*--from free play to cozy together time, discover the parenting secrets of the happiest people in the world What makes Denmark the happiest country in the world--and how do Danish parents raise happy, confident, successful kids, year after year? This upbeat and practical book presents six essential principles, which spell out P-A-R-E-N-T: Play is essential for development and well-being. Authenticity fosters trust and an "inner compass." Reframing helps kids cope with setbacks and look on the bright side. Empathy allows us to act with kindness toward others. No ultimatums means no power struggles, lines in the sand, or resentment. Togetherness is a way to celebrate family time, on special occasions and every day. The Danes call this *hygge*--and it's a fun, cozy way to foster

closeness. Preparing meals together, playing favorite games, and sharing other family traditions are all *hygge*. (Cell phones, bickering, and complaining are not!) With illuminating examples and simple yet powerful advice, *The Danish Way of Parenting* will help parents from all walks of life raise the happiest, most well-adjusted kids in the world.

The Days of Abandonment - Elena Ferrante 2005-09-01

From the New York Times--bestselling author of *My Brilliant Friend*, this novel of a deserted wife's descent into despair--and rage--is "a masterpiece" (*The Philadelphia Inquirer*). *The Days of Abandonment* is the gripping story of an Italian woman's experiences after being suddenly left by her husband after fifteen years of marriage. With two young children to care for, Olga finds it more and more difficult to do the things she used to: keep a spotless house, cook meals with creativity and passion, refrain from using obscenities. After running into her husband with his much-younger new lover in public, she cannot even refrain from assaulting him physically. In a "raging, torrential voice" (*The New York Times*), Olga conveys her journey from denial to devastating emptiness--and when she finds herself literally trapped within the four walls of their high-rise apartment, she is forced to confront her ghosts, the potential loss of her own identity, and the possibility that life may never return to normal. "Intelligent and darkly comic." --*Publishers Weekly* "Remarkable, lucid, austere honest." --*The New Yorker*
Kiss Me - Carlos González 2020-06-03

How we parent our children is at the heart of our relationships with them - and Dr Carlos Gonzalez, a renowned Spanish paediatrician and father, believes that our children deserve all the love we can give them. If we reject the routines and excessive discipline promoted by self-styled childcare experts, and instead parent with love, respect and freedom, we can allow our children to grow and thrive both physically and emotionally. A bestseller in Spain, *Kiss Me* encourages parents to see the good in their children and nurture it carefully, forging warm and rewarding family relationships. With discussions of how to handle common parenting issues including sleep, rewards and punishment and carving out quality time with our children, this warm and reassuring book is hugely valuable for parents in today's world.