

# A Secure Base Routledge Classics

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## **A Secure Base** - John Bowlby 2005

Dr John Bowlby, a truly international and outstanding writer, presents the fruits of current research in attachment theory and provides an up to date outline of its main features in this new collection of lectures. In this collection of lectures Dr Bowlby describes recent findings, and gives an outline of the main features of attachment theory, now widely recognised as a most productive conceptual framework within which to organise the evidence. In the final lecture he shows how this knowledge, when applied to analytically oriented psychotherapy, helps both to clarify the aims of therapy and to guide the therapist in his or her own work. This collection will be welcomed by students as a lucid introduction to the field, by professionals who are still unfamiliar with recent developments, as well as by those eager to extend their existing knowledge.

## **Bringing Up War-Babies** - Amanda Jones 2018-08-06

The figure of the wartime child in the mid-twentieth century unsettles and disturbs. This book employs a range of material – biographical, literary and historical – to chart some of the surprising and unanticipated crossovers between women’s writing and early psychoanalysis in the years of the Second World War and the decades before and after. This volume includes examples of children’s adventure fiction, as well as works written for adult audiences and important and previously unrecognized similarities are noted. The war was a disruptive influence in the lives of all who lived through it. Although active self-censorship is observed in the behaviour and attitudes of adults at this time, this book demonstrates how fictional children are able to articulate feelings such as anxiety and fear that adults were under pressure to conceal or to repress and at times, the figure of the wartime child becomes a surrogate for the writer herself or her suppressed fears and anxiety. When peace returned, this study finds women writers quick to identify and communicate a discomfiting new ambivalence between parents and children.

## **Je, Tu, Nous** - Luce Irigaray 2013-10-28

First published in 1993. Routledge is an imprint of Taylor & Francis, an informa company.

## **The Practice of Emotionally Focused Couple Therapy** - Susan M. Johnson 2012-02-24

Since its original publication in 1996, this volume has been a helpful guide to therapists in the practice of emotionally focused therapy. This second edition addresses the many changes in the field of couples therapy, including updated research results linked to clinical intervention and new information on using EFT to address depression and PTSD. A new section covers the growth of couples therapy as a field and its overall relevance to the mental health field, accompanied by coverage of how recent research into the nature of marital distress is consonant with EFT. Other new features are a section on EFT and feminism, as well as a section on cultural competence for the EFT therapist. Written by a leading authority on emotionally focused couples and marital therapy, this second edition is an up-to-date reference on all aspects of EFT and its uses for mental health professionals.

## **Slavoj Zizek** - Tony Myers 2004-06-02

Slavoj Zizek is no ordinary philosopher. Approaching critical theory and psychoanalysis in a recklessly entertaining fashion, Zizek's critical eye alights upon a bewildering and exhilarating range of subjects, from the political apathy of contemporary life, to a joke about the man who thinks he's a chicken, from the ethicial heroism of Keanu Reeves in Speed, to what toilet designs reveal about the national psyche. Tony Myers provides a clear and engaging guide to Zizek's key ideas, explaining the main influences on Zizek's thought (most crucially his engagement with Lacanian psychoanalysis) using examples drawn from popular

culture and everyday life. Myers outlines the key issues that Zizek's work has tackled, including: What is a Subject and why is it so important? The Imaginary, the Symbolic and the Real What is so terrible about Postmodernity? How can we distinguish reality from ideology? What is the relationship between men and women? Why is Racism always a fantasy? Slavoj Zizek is essential reading for anyone wanting to understand the thought of the critic whom Terry Eagleton has described as "the most formidably brilliant exponent of psychoanalysis, indeed of cultural theory in general, to have emerged in Europe for some decades.

## **Separation** - E J M Bowlby 2010-07-20

Separation, the second volume of Attachment and Loss, continues John Bowlby's influential work on the importance of the parental relationship to mental health. Here he considers separation and the anxiety that accompanies it: the fear of imminent or anticipated separation, the fear induced by parental threats of separation, and the inversion of the parent-child relationship. Dr Bowlby re-examines the situations that cause us to feel fear and compares them with evidence from animals. He concludes that fear is initially aroused by certain elemental situations - sudden movement, darkness or separation - which, although intrinsically harmless, are indicative of an increased risk of danger. Attachment and Loss is a deeply important series of works that continue to influence the landscape of psychoanalysis and psychology, and its second volume, Separation, provides a unique exploration of anxiety in the parent-child relationship.

## **Why Love Matters** - Sue Gerhardt 2014-10-24

Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby's future emotional and physical well-being. The author focuses in particular on the wide-ranging effects of early stress on a baby or toddler's developing nervous system. When things go wrong with relationships in early life, the dependent child has to adapt; what we now know is that his or her brain adapts too. The brain's emotion and immune systems are particularly affected by early stress and can become less effective. This makes the child more vulnerable to a range of later difficulties such as depression, anti-social behaviour, addictions or anorexia, as well as physical illness.

## **The Milan Seminar** - John Bowlby 2018-05-01

This edited book contains a hitherto unpublished seminar held by the author in Milan, Italy in 1985. The seminar is preceded by a foreword by Kate White, of the Bowlby Centre, and by an introduction by the editor, Marco Bacciagaluppi. The introduction contains excerpts from unpublished correspondence between the author and the editor, carried out over a span of eight years, between 1982 and 1990. After the seminar there are the follow-ups of the three cases presented by Leopolda Pelizzaro, Ferruccio Osimo and Emilia Fumagalli, and a report by Germana Agnetti and Angelo Barbato, who gave hospitality to the author and his wife. This is followed by a contribution by Ferruccio Osimo on experiential dynamic psychotherapy, an application of attachment theory, with a long case study. At the end there are some concluding remarks by the editor.

**Attachment Theory According to John Bowlby and Mary Ainsworth** - Andreas Krumwiede 2014-03-12  
Seminar paper from the year 2001 in the subject Psychology - Developmental Psychology, grade: 1,7,

University of the Arts Berlin, language: English, abstract: I will first provide a brief historical outline of the origin and development of attachment theory, closely linked to the biographical data of its founder John Bowlby. Later I would like to point out some characteristics based on which the attachment of a person can be classified. I believe this information to be important with regard to teaching, since the teacher is acting in the environment between the institution of school, family and child. I would like to include some of the approaches in which this knowledge could be used in an everyday school setting.

**Art Therapy, Trauma, and Neuroscience** - Juliet L. King 2021-09-23

Art Therapy, Trauma, and Neuroscience combines theory, research, and practice with traumatized populations in a neuroscience framework. The classic edition includes a new preface from the author discussing advances in the field. Recognizing the importance of a neuroscience- and trauma-informed approach to art therapy practice, research, and education, some of the most renowned figures in art therapy and trauma use translational and integrative neuroscience to provide theoretical and applied techniques for use in clinical practice. Graduate students, therapists, and educators will come away from this book with a refined understanding of brain-based interventions in a dynamic yet accessible format.

**Attachment, Intimacy, Autonomy** - Jeremy Holmes 1996-12-01

Attachment theory is on the leading edge of a conceptual revolution. It offers a new paradigm that can synthesize into a more coherent whole the best ideas from psychoanalysis, cognitive science, and neurobiology. With its emphasis on relationships, attachment theory is determinedly humanistic, while retaining the scientific vigor of Darwinian ethnology. Attachment theory provides an overall framework for thinking about relationships, or more accurately, about those aspects of relationships that are shaped by threat and the need for security, themes that are central to the work of psychotherapy. In this book Jeremy Holmes explores the contribution of attachment theory to everyday psycho-therapeutic practice where patients are usually seen once weekly, or less, for no more than two to three years.

**Theories of Attachment** - Carol Garhart Mooney 2009-02-01

Complex information on six trailblazing early childhood theorists made accessible for child care providers and educators.

*Somatic Experience in Psychoanalysis and Psychotherapy* - William F Cornell 2015-03-27

The body, of both the patient and the analyst, is increasingly a focus of attention in contemporary psychoanalytic theory and practice, especially from a relational perspective. There is a renewed regard for the understanding of embodied experience and sexuality as essential to human vitality. However, most of the existing literature has been written by analysts with no formal training in body-centered work. In this book William Cornell draws on his experience as a body-centered psychotherapist to offer an informed blend of the two traditions, to allow psychoanalysts a deep understanding, in psychoanalytic language, of how to work with the body as an ally. The primary focus of *Somatic Experience in Psychoanalysis and Psychotherapy* situates systematic attention to somatic experience and direct body-level intervention in the practice of psychoanalysis and psychotherapy. It provides a close reading of the work of Wilhelm Reich, repositioning his work within a contemporary psychoanalytic frame and re-presents Winnicott's work with a particular emphasis on the somatic foundations of his theories. William Cornell includes vivid and detailed case vignettes including accounts of his own bodily experience to fully illustrate a range of somatic attention and intervention that include verbal description of sensate experience, exploratory movement and direct physical contact. Drawing on relevant theory and significant clinical material, *Somatic Experience in Psychoanalysis and Psychotherapy* will allow psychoanalysts an understanding of how to work with the body in their clinical practice. It will bring a fresh perspective on psychoanalytic thinking to body-centred psychotherapy where somatic experience is seen as an ally to psychic and interpersonal growth. This book will be essential reading for psychoanalysts, psychodynamically oriented psychotherapists, transactional analysts, body-centred psychotherapists, Gestalt therapists, counsellors and students. William Cornell maintains an independent private practice of psychotherapy and consultation in Pittsburgh, PA. He has devoted 40 years to the study and integration of psychoanalysis, neo-Reichian body therapy and transactional analysis. He is a Training and Supervising Transactional Analyst and has established an international reputation for his teaching and consultation.

[Love and Loss](#) - Colin Murray Parkes 2013-05-13

Loving and grieving are two sides of the same coin: we cannot have one without risking the other. Only by understanding the nature and pattern of loving can we begin to understand the problems of grieving. Conversely, the loss of a loved person can teach us much about the nature of love. *Love and Loss*, the result of a lifetime's work, has important implications for the study of attachment and bereavement. In this volume, Colin Murray Parkes reports his innovative research that enables us to bring together knowledge of childhood attachments and problems of bereavement, resulting in a new way of thinking about love, bereavement and other losses. Areas covered include: patterns of attachment and grief loss of a parent, child or spouse in adult life social isolation and support. The book concludes by looking at disorders of attachment and considering bereavement in terms of its implications on love, loss, and change in a wider context. Illuminating the structure and focus of thinking about love and loss, this book sheds light on a wide range of psychological issues. It will be essential reading for professionals working with bereavement, as well as graduate students of psychology, psychiatry, and sociology.

**Shame and the Origins of Self-Esteem** - Mario Jacoby 2016-08-12

Shame is one of our most central feelings and a universal human characteristic. Why do we experience it? For what purpose? How can we cope with excessive feelings of shame? In this elegant exposition informed by many years of helping people to understand feelings of shame, leading Jungian analyst Mario Jacoby provided a comprehensive exploration of the many aspects of shame and showed how it occupies a central place in our emotional experience. Jacoby demonstrated that a lack of self-esteem is often at the root of excessive shame, and as well as providing practical examples of how therapy can help, he drew upon a wealth of historical and cultural scholarship to show how important shame is for us in both its individual and social aspects. This Classic Edition includes a new foreword by Marco Della Chiesa.

**Relational-Cultural Therapy** - Judith V. Jordan 2017-01-12

In this second edition of *Relational-Cultural Therapy (RCT)*, Judith V. Jordan explores the history, theory, and practice of relationship centered, culturally oriented psychotherapy. Since the first edition, RCT has been widely embraced, with new research and applications, including developing curricula in social science graduate programs, providing a theoretical frame for an E.U.-sponsored symposiums, and enhancing team-building in workplaces.

**The Basic Writings of Bertrand Russell** - Bertrand Russell 2009-03-04

Featuring seminal work in the philosophies of mathematics and language, this comprehensive and assiduously edited collection also makes available his provocative and controversial views on religion and international relations.

**Cornerstones of Attachment Research** - Robbie Duschinsky 2020

This is an open access title available under the terms of a [CC BY-NC-ND 4.0 International] licence. It is free to read at Oxford Clinical Psychology Online and offered as a free PDF download from OUP and selected open access locations. Attachment theory is among the most popular theories of human socioemotional development, with a global research community and widespread interest from clinicians, child welfare professionals, educationalists and parents. It has been considered "one of the most generative contemporary ideas" about family life in modern society. It is one of the last of the grand theories of human development that still retains an active research tradition. Attachment theory and research speak to fundamental questions about human emotions, relationships and development. They do so in terms that feel experience-near, with a remarkable combination of intuitive ideas and counter-intuitive assessments and conclusions. Over time, attachment theory seems to have become more, rather than less, appealing and popular, in part perhaps due to alignment with current concern with the lifetime implications of early brain development. *Cornerstones of Attachment Research* re-examines the work of key laboratories that have contributed to the study of attachment. In doing so, the book traces the development in a single scientific paradigm through parallel but separate lines of inquiry. Chapters address the work of Bowlby, Ainsworth, Main and Hesse, Sroufe and Egeland, and Shaver and Mikulincer. *Cornerstones of Attachment Research* utilises attention to these five research groups as a lens on wider themes and challenges faced by attachment research over the decades. The chapters draw on a complete analysis of published scholarly and popular works by each research group, as well as much unpublished material.

**Understanding the Emotional Needs of Children in the Early Years** - Tricia Johnson 2018-06-12

This accessible book focuses on the emotional needs, experiences and development of young children, exploring the role of the practitioner in ensuring that each and every child feels loved, supported and safe; able to develop secure attachments and flourish in the first five years and beyond. Drawing upon neuro-scientific research and referencing key theories relating to attachment, and health and wellbeing, the book examines the responsibilities of the early years practitioner in supporting children to reach their full potential. The response of the adult to the emotional needs of individual children is analysed in detail, and the impacts of various experiences, cultures and contexts on a child's emotional wellbeing are considered. With topics including safeguarding, communication, the physical environment, neurological development and Attachment Theory, readers will: learn how to respond appropriately to individual children extend their role as a Key Person and their position in a multi-professional team increase their understanding of the interaction between home and childcare settings reflect on the importance of in-depth observation, the environment and quality of care provided in their settings. Supported by rich case studies, provocations and examples of good practice to encourage reflection and improve future practice, *Understanding the Emotional Needs of Children in the Early Years* is an engaging and comprehensive guide for all early years practitioners, early years students and professionals including paediatric nurses, health visitors and social workers.

*Chronic Sorrow* - Susan Roos 2014-01-14

Grief and loss are burgeoning concerns for professional disciplines such as nursing, social work, family therapy, psychology, psychiatry, law, religion and medicine. Although understanding has increased in virtually all other areas of grief and loss, chronic sorrow has received scant attention. Chronic sorrow is a natural grief reaction to losses that are not final, but continue to be present in the life of the griever. This book views chronic sorrow in a life-span perspective, and reveals the effect on the griever and the people close to them. This book fills a void in the literature; and attempts to develop a comprehensive analysis of chronic sorrow that will secure its position within the field of grief and loss.

***Childhood and Society*** - Erik H. Erikson 1993-09-17

The landmark work on the social significance of childhood. The original and vastly influential ideas of Erik H. Erikson underlie much of our understanding of human development. His insights into the interdependence of the individuals' growth and historical change, his now-famous concepts of identity, growth, and the life cycle, have changed the way we perceive ourselves and society. Widely read and cited, his works have won numerous awards including the Pulitzer Prize and the National Book Award. Combining the insights of clinical psychoanalysis with a new approach to cultural anthropology, *Childhood and Society* deals with the relationships between childhood training and cultural accomplishment, analyzing the infantile and the mature, the modern and the archaic elements in human motivation. It was hailed upon its first publication as "a rare and living combination of European and American thought in the human sciences" (Margaret Mead, *The American Scholar*). Translated into numerous foreign languages, it has gone on to become a classic in the study of the social significance of childhood.

***Attachment Theory*** - Susan Goldberg 2013-04-15

At a historic conference in Toronto in October 1993, developmental researchers and clinicians came together for the first time to explore the implications of current knowledge of attachment. This volume is the outcome of their labors. It offers innovative approaches to the understanding of such diverse clinical topics as child abuse, borderline personality disorder, dissociation, adolescent suicide, treatment responsiveness, false memory, narrative competence, and the intergenerational transmission of trauma.

*Attachment and Psychoanalysis* - Morris N. Eagle 2013-01-01

Although attachment theory was originally rooted in psychoanalysis, the two areas have since developed quite independently. This incisive book explores ways in which attachment theory and psychoanalysis have each contributed to understanding key aspects of psychological functioning--including infantile and adult sexuality, aggression, psychopathology, and psychotherapeutic change--and what the two fields can learn from each other. Morris Eagle critically evaluates how psychoanalytic thinking can aid in expanding core attachment concepts, such as the internal working model, and how knowledge about attachment can inform clinical practice and enrich psychoanalytic theory building. Three chapters on attachment theory and research are written in collaboration with Everett Waters.

*Clinical Applications of the Adult Attachment Interview* - Howard Steele 2013-12-09

The Adult Attachment Interview (AAI) is both a mainstay of attachment research and a powerful clinical tool. This unique book provides a thorough introduction to the AAI and its use as an adjunct to a range of therapeutic approaches, including cognitive-behavioral therapy, psychoanalytic psychotherapy, parent-infant psychotherapy, home visiting programs, and supportive work in the context of foster care and adoption. Leading authorities provide detailed descriptions of clinical procedures and techniques, illustrated with vivid case material. Grounded in research, the volume highlights how using the AAI can enhance assessment and diagnosis, strengthen the therapeutic alliance, and facilitate goal setting, treatment planning, and progress monitoring.

*John Bowlby and Attachment Theory* - Jerry Holmes 2006-05-19

Attachment Theory is one of the most important theoretical developments in psychoanalysis to have emerged in the past half-century. It combines the rigorous scientific empiricism of ethology with the subjective insights of psychoanalysis, and has had an enormous impact in the fields of child development, social work, psychology, and psychiatry. This is the first known book to appear which brings together John Bowlby and post-Bowlbian research and shows how the findings of Attachment Theory can inform the practice of psychotherapy. It also provides fascinating insights into the history of the psychoanalytic movement and looks at the ways in which Attachment Theory can help in the understanding of society and its problems.

*Bodies that Matter* - Judith Butler 1993

The author of "Gender Trouble" further develops her distinctive theory of gender by examining the workings of power at the most material dimensions of sex and sexuality. Butler examines how the power of heterosexual hegemony forms the matter of bodies, sex, and gender.

***Patterns of Attachment*** - Mary D. Salter Ainsworth 2015-06-26

Ethological attachment theory is a landmark of 20th century social and behavioral sciences theory and research. This new paradigm for understanding primary relationships across the lifespan evolved from John Bowlby's critique of psychoanalytic drive theory and his own clinical observations, supplemented by his knowledge of fields as diverse as primate ethology, control systems theory, and cognitive psychology. By the time he had written the first volume of his classic Attachment and Loss trilogy, Mary D. Salter Ainsworth's naturalistic observations in Uganda and Baltimore, and her theoretical and descriptive insights about maternal care and the secure base phenomenon had become integral to attachment theory. *Patterns of Attachment* reports the methods and key results of Ainsworth's landmark Baltimore Longitudinal Study. Following upon her naturalistic home observations in Uganda, the Baltimore project yielded a wealth of enduring, benchmark results on the nature of the child's tie to its primary caregiver and the importance of early experience. It also addressed a wide range of conceptual and methodological issues common to many developmental and longitudinal projects, especially issues of age appropriate assessment, quantifying behavior, and comprehending individual differences. In addition, Ainsworth and her students broke new ground, clarifying and defining new concepts, demonstrating the value of the ethological methods and insights about behavior. Today, as we enter the fourth generation of attachment study, we have a rich and growing catalogue of behavioral and narrative approaches to measuring attachment from infancy to adulthood. Each of them has roots in the Strange Situation and the secure base concept presented in *Patterns of Attachment*. Its inclusion in the Psychology Press Classic Editions series reflects *Patterns of Attachment's* continuing significance and insures its availability to new generations of students, researchers, and clinicians.

*The Family and Individual Development* - D. W. Winnicott 2012-12-06

Winnicott chronicles the complex inner lives of human beings, from the first encounter between mother and newborn, through the 'doldrums' of adolescence, to maturity.

*The Making and Breaking of Affectional Bonds* - John Bowlby 2005

Informed by wide clinical experience, and written with the author's well known humanity and lucidity, these lectures provide an invaluable introduction to Bowlby's work, as well practical guidance for parents and mental health professionals.

*The Instructional Design Knowledge Base* - Rita C. Richey 2010-10-18

The Instructional Design Knowledge Base: Theory, Research and Practice provides ID professionals and students at all levels with a comprehensive exploration of the theories and research that serve as a foundation for current and emerging ID practice. This book offers both current and classic interpretations of theory from a range of disciplines and approaches. It encompasses general systems, communication, learning, early instructional, media, conditions-based, constructivist design and performance-improvement theories. Features include: rich representations of the ID literature concise theory summaries specific examples of how theory is applied to practice recommendations for future research a glossary of related terms a comprehensive list of references. A perfect resource for instructional design and technology doctoral, masters and educational specialist certificate programs, The Instructional Design Knowledge Base provides students and scholars with a comprehensive background for ID practice and a foundation for future ID thinking.

**Resilience in Childhood** - Erica Joslyn 2015-12-01

With an emphasis on promoting self-reliance, autonomy and independence, this exciting new book provides a contemporary and holistic analysis of the childhood resilience. It recognises 'resilience in childhood' as a complex construct, critically deconstructs it by drawing upon a wide range of academic disciplines and practices, and provides an account of the factors that help and hinder the development of resilience during childhood and adolescence. Part I unpacks definitions of resilience and its "construction" over the last 50 years. Part II examines psychological, sociological and neurobiological perspectives that contribute to our understanding of how childhood resilience can be developed and fostered. Part III explores strategies and approaches relating theory to current intervention practice and policy drivers. Application to professional practice within a multi-agency context is explored throughout. Importantly, this book seeks to develop the notion of 'the promise of resilience' and establish the bond between capabilities built up in childhood and the promise of a positive successful future. Efforts to foster and build effective skills that lead to resilience will result in long-lasting abilities to positively navigate through life's challenges and to become the key architect of one's own success in later life.

**Basic Methods of Policy Analysis and Planning -- Pearson eText** - Carl Patton 2015-08-26

Updated in its 3rd edition, Basic Methods of Policy Analysis and Planning presents quickly applied methods for analyzing and resolving planning and policy issues at state, regional, and urban levels. Divided into two parts, Methods which presents quick methods in nine chapters and is organized around the steps in the policy analysis process, and Cases which presents seven policy cases, ranging in degree of complexity, the text provides readers with the resources they need for effective policy planning and analysis. Quantitative and qualitative methods are systematically combined to address policy dilemmas and urban planning problems. Readers and analysts utilizing this text gain comprehensive skills and background needed to impact public policy.

Exploring in Security - Jeremy Holmes 2009-11-02

Winner of the 2010 Goethe Award for Psychoanalytic and Psychodynamic Scholarship! This book builds a key clinical bridge between attachment theory and psychoanalysis, deploying Holmes' unique capacity to weld empirical evidence, psychoanalytic theory and consulting room experience into a coherent and convincing whole. Starting from the theory-practice gap in psychoanalytic psychotherapy, the book demonstrates how attachment theory can help practitioners better understand what they intuitively do in the consulting room, how this benefits clients, and informs evidence-based practice. Divided into two sections, theory and practice, Exploring in Security discusses the concept of mentalising and considers three components of effective therapy - the therapeutic relationship, meaning making and change promotion - from both attachment and psychoanalytic perspectives. The second part of the book applies attachment theory to a number of clinical situations including: working with borderline clients suicide and deliberate self-harm sex and sexuality dreams ending therapy. Throughout the book theoretical discussion is vividly illustrated with clinical material, personal experience and examples from literature and film, making this an accessible yet authoritative text for psychotherapy practitioners at all levels, including psychoanalysts, psychiatrists, clinical psychologists, mental health nurses and counsellors.

**Fifty Years of Attachment Theory** - Sir Richard Bowlby 2018-04-24

This is the second volume in the series based on the annual Donald Winnicott Memorial Lecture. Sir

Richard Bowlby looks at the personal and professional lives of Donald Winnicott and Dr John Bowlby, to give a fascinating insight into the worlds of these influential analysts. Also includes Recollections of Donald Winnicott and John Bowlby by Pearl King.

A-Z of Attachment - David Wilkins 2018-07-09

Launching Palgrave's interdisciplinary Professional Keywords series, this reader-friendly reference guide distils the study of attachment into digestible, yet authoritative, chunks. With over 60 alphabetized entries, it is the perfect introduction to the key concepts, debates and thinkers within this increasingly exploration of human behaviour.

The Making and Breaking of Affectional Bonds - John Bowlby 2012-12-06

Helping both parents and psychologists to arrive at a better understanding of the inner emotional world of the infant, this selection of key lectures by Bowlby includes the seminal one that gives the volume its title. Informed by wide clinical experience, and written with the author's well-known humanity and lucidity, the lectures provide an invaluable introduction to John Bowlby's thought and work, as well as much practical guidance of use both to parents and to members of the mental health professions.

Strange Situation - Bethany Saltman 2021-04-20

A full-scale investigation of the controversial and often misunderstood science of attachment theory, inspired by the author's own experience as a parent and daughter. "A profound and beautiful work . . . searingly honest, brazenly fresh, and startlingly rich."—Andrew Solomon, author of *The Noonday Demon* When professional researcher and writer Bethany Saltman gave birth to her daughter, Azalea, she loved her deeply but felt as if something was missing. Looking back at her lonely childhood, dangerous teenage years, and love-addicted early adulthood, Saltman thought maybe she was broken. Then she discovered the science of attachment, the field of psychology that explores the question of why—from an evolutionary point of view—love exists between parents and children. Saltman went on a ten-year journey visiting labs, archives, and training sessions, while learning the meaning of "delight" from Mary Ainsworth, one of psychology's most important but unsung researchers, who died in 1999. Saltman went deep into the history and findings from Ainsworth's famous laboratory procedure, the Strange Situation, which, like an X-ray, is still used today by scientists around the world to catch a glimpse of the internal workings of attachment. In this simple twenty-minute procedure, a baby and a caregiver enter an ordinary room with two chairs and some toys. During a series of comings and goings, a trained observer studies the minutiae of the pair's back-and-forth with each other. Through the science of attachment, what Saltman discovered was a radical departure from everything she thought she knew—about love and about her own family, her story, and herself. She was far from broken—she saw that love is too powerful to ever break. *Strange Situation* is a scientific, lyrical, life-affirming exploration of love. Not only will readers be taken on an emotional ride through one mother's reckoning with her own past and her family's future, but they will also be given the tools with which to better understand their own life histories and their relationships today. Praise for *Strange Situation* "A fascinating deep dive into attachment theory . . . Carefully researched and with copious endnotes, this is an excellent resource for anyone interested in child development."—Publishers Weekly "Honest and complex . . . A thoughtful engagement with a topic that affects all parents."—Kirkus Reviews

*Play Therapy* - Garry L. Landreth 2012

"Play Therapy: The Art of the Relationship is a text for graduate-level counseling students in play therapy courses. It provides comprehensive and detailed information for creating therapeutic relationships with children and facilitating the play therapy process. Landreth stresses the importance of understanding the child's world and perspective, allowing play therapists to fully connect with them. Although there is this emphasis on the experiential aspect, the relevant research and theory are still considered. The author presents descriptions of play and the history of play therapy, child and therapist characteristics, play room set-up and materials, working with parents. Guidelines, transcripts, and case examples are provided for governing sensitive issues at every stage of the therapeutic process, from the first meeting to the end of the relationship. This new edition will incorporate the relevant research that has taken place since the publication of the previous, and includes new sections on supervision of play therapists, legal and ethical issues, and multicultural considerations in play therapy"--

The Language and Thought of the Child - Jean Piaget 2002

When first published in 1923, this classic work took the psychological world by storm. Piaget's views expressed in this book, have continued to influence the world of developmental psychology to this day.

A Secure Base - John Bowlby 2012-11-12

As Bowlby himself points out in his introduction to this seminal childcare book, to be a successful parent

means a lot of very hard work. Giving time and attention to children means sacrificing other interests and activities, but for many people today these are unwelcome truths. Bowlby's work showed that the early interactions between infant and caregiver have a profound impact on an infant's social, emotional, and intellectual growth. Controversial yet powerfully influential to this day, this classic collection of Bowlby's lectures offers important guidelines for child rearing based on the crucial role of early relationships.